Abstract

Introduction:

Over 30% of the European adult population suffers from rheumatic affections, which are the most frequent chronic diseases on the continent, according to the World Health Organization (WHO). Ozone therapy is a revolutionary treatment, which has been successfully used for over sixty years in countries such as USA, Canada, Germany, Italy, Ukraine, Sweden, Spain, and others. It is widely known for its miraculous effects of healing numerous diseases.

Material and method:

The ozone generator, provided with a spectrophotometer of ultimate accuracy and precision, ensures the necessary concentration for various types of applications:

- **SYSTEMIC:**
  - Autohemotherapy
  - Rectal Insufflations

- **LOCAL:**
  - Injectable
  - Transcutaneous
  - Topical

Results:

Ozone therapy is an alternative therapy which has proved to be effective in rheumatic, dermatological, cardiovascular, gynecological, orthopedic, oncological, and geriatric affections.

Conclusions:

All clinical studies show that ozone therapy is an efficient method of preventing some diseases and the complications that come with it, leading to the reduction in intensity of the acute bursts, while at the same time considerably improving the quality of life and life expectancy.