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## DOES EXTRACORPOREAL SHOCK WAVE THERAPY (ESWT) WORKS IN SPASTICITY POST STROKE?

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### Abstract

Spasticity reduces the functional capacity of the patient, limits her/his independence, can lead to contractures, pain and lower quality of life. In recent years, extracorporeal Shock Wave Therapy - eSWT - has been added to the arsenal of spasticity reducing agents.

Based on a review of the current literature, the review article presents the indications, methodology, efficacy and safety of eSWT in people with spastic limbs after a stroke. This therapy has proven to be effective and safe, although its mechanism of action is still unknown. To date, standard parameters of eSWT stimulation in post-stroke spasticity have not been established.