

Baile Herculane is a balneary resort located in Caraş-Severin County, in South-Western Romania and is located 41 km to the Northwest of the city of Drobeta Turnu Severin, Mehedinti County. Resort Baile Herculane is documentary attested since 153 a.d. and is an attraction for its healing power of water. The Romans will be arriving in Dacia were impressed with the power of exceptional quality healing waters of the Cernei Vally, therefore, have made an important point of attraction here. In those times you keep bathrooms, statues, coins, culverts, signs of gratitude to the gods that were cured with water. The aqueducts, baths and hot springs from the time of the Romans. The beauty of the places where the resort Baile Herculane cannot be described in words, you have to go to see with your eyes.

# Therapeutic indications:

- degenerative rheumatic affections (cervical spondylosis, rear and lombar accompanied or not by cervicobrahialgii, lombosciatalgii etc., arthrosis, poliartroze);
- inflammatory rheumatic affections (ankylosing spondylosis);
- rheumatic abarticular ailments (tendinozis, tendomiozis, tendoperiostozis, scapular-humeral periartritis etc.);
- posttraumatic affections (redori joints, posttraumatic status after operations on joints, moods after fractures, sprains, luxations, etc.);
- peripheral neurological disorders (paresis);
- metabolic and nutritional disorders (mild forms of diabetes, arthropathy, hiperlipemii artropatii);
- associated ailments (gynecological, respiratory ailments, otorinolaringologic of the digestive tract, cardiovascular, dermatologic diseases).

*Contra-indications:* TB disease of the liver, kidneys, and heart disease, high blood pressure decompensated more than 180 mm HG, Parkinson, ulcer in acute phase, cancer, mental illness and drug addiction.



#### WAYS TO ACCESS

The closest airports are located at Caransebes and Timisoara (international airport).

Baile Herculane rail: railway station, on the route Bucharest-Timisoara (364 km from Bucharest, 169 km from Timisoara), then by bus to the resort (6 km);

Road: DN 15A Bucharest - Pitesti and E: Pitesti, Craiova, Drobeta-Turnu Severin train station Baile Herculane, with failure to resort (total 386 km); Arad-Timisoara-DN 69 and E 94 (DN 6) Timisoara railway station with the offense, Baile Herculane, total 232 km (181 miles from Timisoara).



CLIMATE. The resort is enclosed and climate intramontana, with sub-Mediterranean influence. Because of this, and thanks to protejarii for winds by the mountains impaduriti which surrounds him, the resort enjoys a climate of shelter. Annual average temperature is 10 C, with an average in July that 22 C and <-1 (C) in January. Annual rainfall, 700 750 mm it has a strong Air ionization (2000 negative ions per cm 3) sedative effect on the body. Mild winters, cool summers, spring arrived early and short-term, long autumns.

NATURAL CURE FACTORS: thermal mineral water, soda, chlorinated which, lime sulphur, hipotone mineral waters, soda, chlorinated lime sulphur thermal, thermal mineral water, thermal water which oligomineral trace minerals. Water temperature varies between 38 and 60 C. Thermal mineral waters from Baile Herculane are weak radioactive; bioclimat of mild climate.



#### TREATMENT INSTALLATIONS:

-equipment for thermal baths with mineral water and mineral water which-in chlorine valves and basins, with opportunities for physical therapy; -buvete for internal cure with mineral waters; -pool with thermal mineral waters in the open air; -aerosol and gas inhalations with mineral waters; -equipment for hydrotherapy and electrotherapy; -medical gyms;

- sauna.



Noteworthy sights in the Park Resort is the Museum which preserves vestiges from the time of the Romans (scrap Spa installations, fragments of walls, bas-reliefs, statues, shrines, coins, etc.). the Museum is located in front of a tree, conifers, exotic milenar (Welingtonia gigantea), monument of nature. In the area there are many rare plants, more than 80 species and over 1,300 species of butterflies.

### Istoric



Băile Herculane (imagine de la sfârșitul sec. XIX)

The oldest bathing in Romania, dating from the time of the Romans, you wear the name "The sacred waters of Hercules" (attested documentary as a resort in 153 a.d.), famous for the therapeutic effects of its thermal waters, which, with sodium, calcium, magnesium, oligotermale, slightly radioactive, good for both internal and external cure.



Ad aquas herculi sacras, thermal spring water of baile Herculane

Resort Baile Herculane was founded in the year 102 a.d. by Emperor Trajan. The name of the town comes from Hercules, the son of Zeus and Elena, mythic figure extremely important that the Romans a desemnasera patron of thermal water, power and balance between physical and spiritual strength.

The Romans built the city baths, temples, statues, all inchinate Hercules, Aesculapius and Hygieiei. The resort was, at that time, highly searched aristocratie thermal waters with grace curative properties which they considered sacred and that they have settled down under the patronage of Hercules, in a sign of deep gratitude. Romanian civilization has not definitively in Sunset Resort, abiding testimony remains: votive statues, tabule, aqueducts, baths, etc.



Baile-Herculane Resort has an exceptional historical heritage, the memory of the 1858 years of existence (153-2011) continued the resort.

The Romans remained numerous traces: aqueducts, baths, statues, coins, votive tabule raised signs of gratitude to the gods for healing.



Băile Herculane (image from the end of the 19th century)

After 1718 (peace of Passarovitz) begins modern history and contemporary of Bailor Herculane, the Austrian Empire.

In 1736 and the modernization of bailor begins rebuilding, horses, granicierii banateni building here most of the buildings of the resort, which bears the imprint of an impressive Austrian Baroque.

The resort is visited by over time by great personalities, among which: Emperor Joseph II, emperor Francis I and Empress Charlotte, Emperor Franz Joseph and Empress Elisabeth. In 1852, the Emperor of Austria as Baile-Herculane as the most beautiful resort on the Mainland, and the Empress Elizabeth, passionate, indragita, soft and distinct Sissi-write an intimate journal in which this is a Baile Herculane, distinct and incintatoare. In the resort there are Museum Nicolae Cena, whose collections began to be formed since 1922.

The continued existence of two millennia of Baile-Herculane Spa was favored by the effectiveness of the miraculous rescuing of springs, but also the picturesque location of the resort into a adapostita by mountains, the Valley of beauty. Edilitara-technical equipment of the first rank in a high comfort and rich outfit diversification of methods of treatment to cure classic resort to various methods of physio and electrotherapy, massages, acupuncture, etc. gave such a high degree of resorts attractiveness.

Since 1948, the resort has experienced sustained growth, becoming a national resort, with steady regim.



The resort offers accommodations in the big and the most modern hotels, motels sanatorial-resorts, bed and breakfast, rooms from locals in a time frame, also camping inside or outside the city. The many forms of recreation and entertainment-restaurants, bars, terraces, swimming pools with high thermal water, sauna, massage, billiards, etc. as well as possibilities of hiking and excursions in the resort and the Cernei, is an attraction for visitors to the city of Baile-Herculane.

Grota Haiducilor-ceramic Fragments, uneletele and stone weapons found during archeological dig in the Grota Haiducilor reveal that the antiderivative of this civilization had reached a stage area for development.

Tabula votiva erected by the five brave citizens in Dacia, the Romans sent to Rome for the election of Severianus in 153, ch. d. 1848 years attest to the existence of the Bailor Herculane.

Roman Termele and other commercial building (aqueducts, ponds) harness the sacred Waters of the springs called Hercules.

In 1736 and the modernization of resort begins rebuilding, horses and the reconstruction of the access. In 1772 the area is visited by Emperor Joseph II., 1847 is the year in which the famous statue of bronze mounts of Hercules, opera has ascended and Glantz Flash Mayer in Vienna.

The Museum was founded on 28 July 1924, the regional section of the Banat of Historical Monuments Committee. After 1960, the Museum was reorganized. Located within a historic monument (Casino building with columns, 1862, Arch. Daderer), the Museum presents archaeological findings in the public area: ornaments, pottery. coins, altars. votive inscriptions from Craiova, bas-reliefs, weapons and Ad programme, pieces of harness.



Baile Herculane, resort with millennial tradition

### **Balneary and touristic potential**

Thermal waters of the resort Baile Herculane are suitable for various medical cures, but also for swimming.

Isotermale and hyperthermale mineral waters have different chemical compositions (which the soda, lime sulphur, chlorinated, oligomineral) preteaza from multiple treatments: thermal baths, in which and salty pools covered or open-air, cure national mineral water, sauna, hidrotermoterapie, electrotherapy, chinetoterapie, hidrokinetotherapy, aeroheliotherapy, inhalotherapy.

Tourists can visit the attractions of the area: baile Roman Grotto Haiducilor, Cross, steam Grotto, cascada Vanturatoarea, 7 Izvoare, Cena, Cave Museum Nicolae Topolnitei, the statue of Hercules, Keys, Keys Peciniscai Feregari, Keys Taznei, Banatean Sphinx. Besides sightseeing which should not be missed, the visitors can make excursions and hiking in the Valea Cernei National Park.

The area is dominated by the beautiful landscapes, a rich flora and fauna typical of sub-Mediterranean rather challenging.

The representative of the species we cannot skip Adder with Horn, whose presence in the area of Banat is well-known, but also a number of rare species of snakes.

Tourists eager for adventure and entertainment can opt for rafting, climbing, caving activities, cruises on the Danube, practicing sports such as cycling, paragliding, cycling, tennis, soccer.

Those who wish, can make trips to the monasteries in the surrounding resort Baile Herculane Prislop monastery, the monastery Tismana Monastery, monastery of Vodita, Densus.



The statue of Hercules in the city Baile Herculane

Raise public awareness of the resort was due to both the miraculous waters, considered a gift of the gods, and location, in a hollow intramontana with beautiful landscapes and picturesque.

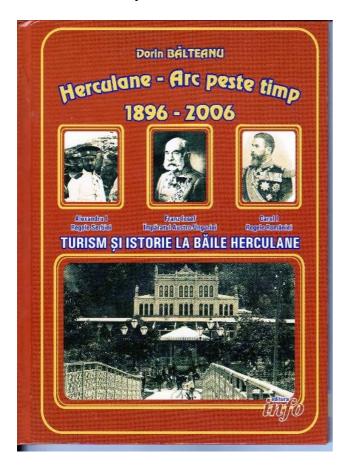
## Transport and accommodation

Accommodation offer is diverse, all tastes, from hotels and guesthouses to specially equipped camps for location corturilor. Price campsite 7 Springs, for example, starts at \$ 10 per day, at the hotel of two stars starts from 70 lei per night in double room, bed and breakfast we have rates ranging between 60 and 150 lei per night.

Movement in Baile Herculane is made with transport in common. Provided buses run nonstop on the path train station-downtown and return, and the price of the ticket is of 1 leu. Access to the resort is on the european route E70

(Bucharest-Craiova-Drobeta Turnu Severin-Caransebe\_-Timisoara) or DN67D (Targu-Jiu-Baia de Arama-Baile Herculane)

"Herculane – Spring over time. 1896 –2006 Tourism and history to Băile Herculane"



At the end of the 19th century, was a resort Baile Herculane internationally consecrated, becoming a destination requested so ordinary people, which is seeking the cure for diseases of suffering and of great personalities of the time which had political here the ideal place both for meeting State as well as for relaxation and treatment.

Flags around the statue of Hercules, constructed since the first half of the 19th century, and the second monumental architectural ensemble, composed of the Casino building, Imperial Baths, Austrian Franz Josef hotels (Decebal) and Carol (Trajan), completed towards the end of the 19th century, the Imperial Centre, noted Historian, whose endowments utilities rivaled those of the most modern resorts in Europe.

In 1878 the railway construction is clears Baile Herculane, edifice which, by the architectural style, originality and elegance, keeps up nowadays, among the most beautiful buildings of its kind in the country. Thus, the resort of the Cernei, became available and on the railway, road and inland waterway than horses (this is at a distance of only 20 km from the port of Orsova) already existing.

In the year 1893 to build electric plant, located in the upstream of the Hotel today, near the Roman bridge over the Cerna, numarandu resort is among the first electrically lit regions of countries.

Of course the main tourist attraction, the resulting fame resort abroad, it was then, as now, thermo-mineral waters in miraculoasele known and used since the time of the conquest of Dacia by the Romans, Baile Herculane, documentary attested since 153 d. c., being the oldest bathing in the country and one of the oldest in the world.

Although there is evidence, it is assumed that our ancestors the Gauls knew and used the therapeutic effect of thermo-mineral waters in the area, by imbaierea in so-called gropane, which collected water springs located on the shores of the Cernei. Even nowadays you can see people, who either winter or summer, night or day, prefer this form of treatment in nature, under the sky.

As he wrote Dr. g. Vuia in gazeta Transylvania, from the year 1900: long before he was tested the waters here and have been recommended by a physician, the springs were already botezate by the people: bath, bath, bath, bath of wounds, fever, etc.

Start with the last decades of the 19th century, a number of scientists have come to Baile Herculane to study the characteristics of the thermal water of Baile Herculane. Thus, born 1871, appeared the Dr. a. Popoviciu, Baile Hercules or scaldele of them important, Meedia, because amploarei the description made of the physicochemical properties of water in the resort. Furthermore, in the following decades, more than 30 specialists had as their object the research miraculoasele thermal waters of the Cernei, bringing an important contribution and the deciphering of the effect of tamaduitor water termominerale of the Cernei.

Although it was a resort with inc ' for seasonal activity, in 1895, Baile Herculane sign up a record for that time, 10.440 visitors. Officers, peasants, workers, visitors and patients, both of convalescenti novels as well as from all

over Europe, with the arrival of spring is grabeau to find a place in the popular seaside resort on the Valea Cernei. As registered editors the time it was a privilege to get a stay at Herculane which is heavy, even money held sway.

Number of visitors has increased, due to the degree of comfort and services at european level: elegant, luxurious baths, well equipped, recreation and leisure facilities. Starting with the 1864 1865, worked at the Casino, the cure with halls of fun (bacara, chemin de fer, Roulette, etc.), cafe, ospataria and Bazaar terrace which constituted a veritable pole of attraction for the world in that period, mondena visitors looking at here an excellent occasion for fun and recreation. Roman salute SALUTI ET LAETITAE (Health and Joy), printed on the frontispiece of the building, this place looks meant to lecui through the power of joy.

All these attractions are the natural adaoga of the picturesque resort, with secular forests, pine trees, Oaks and arini, strong winds to the shelter of the mountains all around, with a climate action calmanta, mild climate, with sub-Mediterranean influence.

Hiking paths around the resort, equipped with arbours and bancute for the rest, the beauty of the landscape and the air fresh and clean, with a strong concentration of negative ions, offering excellent conditions for relaxation, physical and intellectual forces of visitors.

It is well known that imparateas 'Elizabeth (or Sisi as was known) was in love for these places, being the guest of the resort five times, last time, in the year 1896, impreun with her husband, Emperor Franz Joseph.

Being passionate for the beauties of nature, imparatesei ii, love to walk on the paths around the resort, inso authors\ ita only a Lady of honour and a local calauz '. During her stay in 1887 is spent at the Villa who wears the name of Baile Herculane, intalne and with King Carol I of Romania and his wife Elizabeth (known under

the pen name of Carmen Sylva), Franz Joseph gazduiti at Villa (now the hotel Decebal).

The development of the resort in that period had, as well as his reputation, explaining the interest that it not only running weather sovereigns to visit Baile Herculane but also to enjoy the curative effect of thermo-mineral waters.

In this context, it is no wonder that in the year 1896, three important political personalities, imp' ratul of Austria-Hungary, Franz Joseph, King Carol I of Romania, and King Alexander I of Serbia have agreed to meet at Baile Herculane and to take place at the cure of the Casino complex, the official gala dinneron the occasion of the opening events of the navigable channel Iron Gates. As the conferring of the Chronicles of the time at 6, he held a dinner in the elegant salon participating cure, suites. by Ministers. diplomats, among about 120 people.

Have made great training for this celebration, the resort was nice embellished and 300 coach were offered to the public. Toasts were kept in that important event of the marcau and ntalnirii, for the relations between the three countries.

Sovereigns they came, were met, toaster and gone to the capital t each of you. Remained though, in the mind and the soul of man, the image of a resorts, Baile Herculane, with international vocation, located in full development, as well as the famous words of the Emperor Franz Joseph:

"Now, in this vally of Cernei, there are the most beautiful resort on the Mainland".

### ing. Dorin Bălteanu Băile Herculane

\* The text represents the summary cart authors\ ii Herculane spring over time. 1896-2006. Tourism and history at Baile Herculane author Dorin Balteanu, copyright 2007, Craiova, Editura Info.