



WEB OF SCIENCE

OLANESTI BALNEOLOGICAL RESORT: PAST, PRESENT AND FUTURETEOIBAS-SERBAN Doroteea¹, REBENCIUC Matei¹, BLENDEA Corneliu-Dan^{1,2}Editor: Constantin MUNTEANU, E-mail: office@bioclima.ro

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Abstract

Past. The documentary attestation of the treatment waters from Olanesti through chemical analysis is due to Alexandru D. Ghica, who commissioned in 1829 the military doctor Dr. Johann Nepomouc Mayer to look for the springs on the field. The first balneary sanatorium dates from 1840 when Lord Toma Olanescu built on his estate 5 rooms to house for free the sick Romanian military soldiers who were in need of mineral baths. In 1869 Dr. Carol Davila delegated the chemist Bernath Lendway to do chemical analysis of mineral springs. In August 1869 Dr. Bernath, finishing the analysis of the springs from Olanesti, which amounted to more than 40, concluded that the they have a higher concentration of sulfur than those of Zaizon, Heilbron, Wyshbad, and in terms of iodine higher levels than those in Baden, Weilbach, Niphon and Calimanesti.

Present. Baile Olanesti is part of the category of permanent resorts, where treatment is done throughout the year. Its profile is determined by the complex of natural factors, but also by the facilities of the resort. The diseases that are treated here are numerous, among which we can highlight kidney, urinary tract, digestive tract, respiratory system, nutritional, dermatological and musculoskeletal disorders. Its over 35 existing mineral springs place Baile Olanesti on the first place among the balneoclimateric resorts in Romania. The use of natural healing factors is done in association with artificial healing factors such as hydrotherapy, medical massage, electrotherapy, sonotherapy.

Future. Investments made in accommodation structures like modern spa areas, in relaxation and treatment centers, have changed the perception that this balneological resort has, namely that it is intended only for senior citizens with various pathologies. According to the National Association of Travel Agencies more and more families with children and teenagers visited this great establishment the past few years and the numbers are increasing due to the new hotels with aqua park, thermal pools and SPA centers.

Keywords: *Olanesti, hydrotherapy, balneoclimateric resort, SPA center*