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L78 - Antiallergic procedures most commonly used in physical recovery medicine and balneology

Eugenia Dumitrescu, Carmen Enescu

Coresponding author: Eugenia Dumitrescu, Email: jenydumitrescu2003@yahoo.com

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SC Calimanesti-Caciulata SA

Abstract

Introduction
Allergic diseases: cutaneous, respiratory or digestive disorders are common diseases of modern humans.
Multiple causes: Pollution, stress, unhealthy eating; sometimes the simple rules of healthy living are neglected.
The objective of the research
Confronting modern medicine with the "dead tradition"
Material and methods
Clinical tests were performed on 670 patients who came to the hospital especially for the reduction of allergic skin and respiratory phenomena between March 2018 - December 2018. More than 50% of the decisions of the prophylaxis and recovery program were taken following medical analyzes and paraclinical investigations.
Methods used:
Intramuscular injection with sulfur water
Aerosol with sulfurous water
Sulfurous water in pools and baths
Result and discussions
500 patients had significant improvements in allergic skin and respiratory phenomena. They no longer used the medication.
102 patients continued to use the medication recommended by the allergist and dermatologist along with the bathing procedures.
68 patients, heavy smokers, did not follow diet recommendations, healthy lifestyle and did not have significant improvements
Conclusions
The antiallergic effect of sulfur is as real as possible and has been scientifically proven
Sulfur in combination with other classic recovery programs is important for reducing the intensity of allergic skin and respiratory phenomena
The sulfurous water from the baths and baths also helped in the case of osteo-articular disorders
The alternative remedy can be used in whole or in part instead of the conventional one
The quality of life of patients has been greatly improved