

"Evergreen Balneology - the way ahead"



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ROMANIAN ASSOCIATION OF BALNEOLOGY

SCIENTIFIC PROGRAMME









































Welcome!

Dear Colleagues and Friends,

We invite you to be part of our Balneo Universe and to participate in the next 41st ISMH World Congress.

Romanian Association of Balneology and International Society of Medical Hydrology and Climatology (ISMH) will organize the 41st ISMH World Congress in conjoint with the Congress of The Romanian Society for Physical and Rehabilitation Medicine and Balneoclimatology (RSPRMB), in Bucharest, Romania, between 19th and 21st of May, 2016.

Balneotherapy has a long European and Asian tradition, and we consider Romania as an important player for the international connections in this area, due to its geographical position, the millenary tradition and its extraordinary natural therapeutic resources and nevertheless its very skilled and diligent related Medical and Academic School.

The official Journal of the 41st ISMH World Balneo Research Journal Congress (bioclima.ro/Journal.htm), published by the Romanian Association of Balneology, in English, provides a platform to disseminate scientific knowledge to researchers, physicians and other authors interested in publishing scientific articles in the field of medical rehabilitation and balneology, as a open-access, multidisciplinary peer-reviewed scientific journal. The Abstracts Book of the 41st ISMH World Congress is at the same time supplement to vol.7, no. 2 of Balneo Research Journal.

For unpublished papers within the 41st ISMH World Congress, the authors may do this in extenso as articles in the Proceedings of the Romanian Academy, Series B: Chemistry, Life Science and Geoscience (http://www.acad.ro/proceedingsChemistry.htm) if the respective works meet the journal editorial rules and standards.

Hoping to see you as an active participant in the Congress.

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Congress President:

Dear Colleagues,



I am honoured to announce "The 41^{st} ISMH Congress" that will take place in Bucharest, Romania, 2016, May, $19^{th}-21^{st}$ at the Parliament Palace.

The congress will carry on the high scientific patronage of Romanian Academy, "symbol of national spirituality, forum of recognition and space of fundamental research". The opening ceremony and the welcome cocktail will take place on May 18th.

The logo of the congress is: "Evergreen balneology - the way ahead". Together with my colleagues, I choose this idea of logo to highlight the ancientness and modernity of balneology and to come into prominence its' added value within contemporary medicine given by the unity with physical and rehabilitation medicine. "The 41st ISMH Congress" will be in con-join with Romanian Association of Balneology and with Romanian Society of Physical and Rehabilitation Medicine &Balneoclimatology congresses.

There comes a time of reflection upon different aspects of balneology, after we have had congresses in Extreme Orient (Japan, 2014) and in Latin America (Brazil, 2015). We have seen and understood that there's a real world heritage and culture of thermalisme/balneotherapy whose cradle is Europe. Romania was dwelled since the beginning of the world history and archaeological remains of Greek, Roman, and Ottoman Empire cultures are found all over my country together with historical sources of Romanian culture.

So, we come back home, this time in Romania, for the 41st congress, with new topics and approaches. Romania is located in South-eastern and Central Europe, north of the Balkan Peninsula, on the Lower Danube, within and outside the Carpathian Arch, bordering on the Black Sea.

I imagine this meeting more than "The 41st International Congress of ISMH", I imagine our reunion like a festival celebrating the preventive, healing and rehabilitative power of natural sanogenic factors.

Assoc. Prof. Olga Surdu , MD, PhD
President of "The 41st ISMH Congress"
Vicepresident of Romanian Society for Physical Medicine, Rehabilitation and Balneoclimatology

ISMH President:

Dear Colleagues, Dear Friends,

I am very much delighted to announce that the 41st World Congress of ISMH will be held 19th - 21st of May 2016 in Bucharest Romania. Since we are going to have our congress annually after the decision at the General

Assembly during the 39th Congress of ISMH in Kyoto/Japan in 2014, Brazil was the hosting country of the first annual ISMH Congress that was the 40th of total in Rio de Janeiro 26-28 August 2015.

After two international balneological gatherings in two continents in Japan and Brazil we are returning back to Europe, the cradle of Medical Hydrology and Climatology.

We are excited about our reunion this time in one of the most typical traditional eastern European countries of balneology, Romania. The local organizers are our well-known colleagues: Assoc. Prof. Dr. Olga Surdu as Congress President; President of Romanian Association of Balneology Dr. Constantin Munteanu as Organizing Committee President and Prof. Dr. Gelu Onose as Local Scientific Committee President, they will be happy to welcome you in Bucharest for 41st Congress of ISMH. I thank them in advance since I am familiar with their engagement and enthusiasm in balneology and I believe we all will appreciate their great efforts in organization such a successful event in all aspects.

I would also like to express my gratitude to Romanian Association of Balneology ARB (Asociaţia Română de Balneologie) for their support and collaboration. This congress of our "Global Association" certainly will reflect the scientific activities, research and developments not only in Europe but also in the whole globe. I now am really looking forward to 41 st Congress of ISMH and already excited about our next meeting in Bucharest, this time with the motto "Evergreen Balneology; the way ahead!"

Prof. Dr. Müfit Zeki Karagülle, MD, PhD
President International Society of Medical Hydrology and Climatology
(ISMH)

Dear participants to the 41st ISMH World Congress,

For me it is both, a great honor and an important responsibility, to have been invested, by the international and national/ local organizers of this prestigious scientific manifestation, with the difficult task of chairing this Congress' Scientific Committee.



Considering, Romania's huge and wide capabilities in the field of Balneo-Climatology (an extensive and at the same time, wonderfully balanced, panel with natural resources of sanogenic physical/ chemical factors — mineral waters, therapeutic mud or gases, beneficial climatic influences of some specific geographic, ground or underground areas, with afferent valuable facilities and renown resorts — and no less, human resources with largely acknowledged professional skills, including with almost centenary academic endeavors in the domain; in this respect, I herein want to emphasize the quite particular — which we consider it most adequate — Romanian way of the related medical specialty's structure, i.e. unitary: Physical & Rehabilitation Medicine and Balneology, which might be considered a specific brand, worth being promoted and extended) the decision of the ISMH its future World Congress to be hosted, next year, in Bucharest, is absolutely appropriate and fully deserved by our country.

According also to its motto: "Evergreen Balneology – the way ahead", the 41st ISMH World Congress is an optimal opportunity for specialists working in different zones of the world and focusing on various aspects of such a broad spectrum of connected activities – from strictly medical, to research, and respectively, to dedicated tourism and marketing, approaches – for exchanging and enriching their knowledge and expertise and also, to contribute in designing, together, the best modalities by which BalneoClimatology could currently valorize its outstanding positive potential and to evolve in the future, too. So, alongside with all my distinguished fellows involved in the organization of this very important reunion, I warmly welcome you to attend and give valuable contributions to the 41st ISMH World Congress, which will be held in the lovely Bucharest – the Capital/ metropolis of the marvelous Romania – during 19-21 May, 2016!

Prof. Gelu Onose, MD, PhD, MSc

The Congress' Scientific Committee President

Honorary Executive President of Romanian Society for Physical Medicine,

Rehabilitation and Balneoclimatology

Dear colleagues, distinguished guests,

The organization of the 41st ISMH World Congress is matched with enthusiasm and joy of being together again, passion and desire that together we create a family atmosphere in which to debate issues concerning Balneology.

This 41st Congress gives the opportunity to promote Romania's natural resources and to enjoy the guests presentations coming from neighboring or overseas countries and to outline new internationally collaborations.

In the globalized world we live, we are pleased with every opportunity to share our personal experiences, listen to the words of those who have knowledge which must be transmitted to succeeding generations of balneologists. I am glad to be a piece in the Balneo Universe and I invite everyone to take their place so that we can start to be one full operational organism: ISMH.

Biol. Constantin MUNTEANU, PhD,
Organizing Comittee President of the 41st ISMH World Congress,
Bucharest, Romania, 2016



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SCIENTIFIC PROGRAMME

11 ³⁰ – 13 ³⁰ Session III HALL "NICOLAE BALCESCU" PARLIAMENT PALACE	 Chairmen: Mihaela Balgradean, Camelia Ciobotaru, Cristina Daia, Consuela Monica Brailescu Mihaela Bãlgrãdean (Romania) – RENOURINARY PATHOLOGY IN CHILDREN AND THE NEED OF URINARY DIURESIS CURE Andrada Mirea, Gelu Onose, Liliana Padure (Romania) - COMPARATIVE RESULTS WITH DIFFERENT PHYSICAL AND REHABILITATION MEDICINE KIND OF ENDEAVORS APPLIED IN SPASTIC CHILDREN WITH CEREBRAL PALSY Adriana Zaharia, Gelu Onose, Liliana Padure, Camelia Ciobotaru, S. Popescu, G. Viscopoleanu, C. Stoica (Romania) - BENCHMARKING VALIDITY ANALYSIS OF RASTERSTEREOGRAPHY IN IDIOPATHIC SCOLIOSIS Mihaela Minea, L. Rizea, I. Bănărescu, M. Nedelea, A. Prăjitură, L. Stanciu, G. Radu, E.V. Ionescu (Romania) - EPIDEMIOLOGIC PARTICULARITIES IN CHILDREN WITH NEURO-PSYCHO-MOTOR DISORDERS HOSPITALIZED IN BALNEAL AND REHABILITATION SANATORIUM TECHIRGHIOL (SBRT) Cristina Daia, Gelu Onose, Tiberiu Spircu, Aurelian Anghelescu, Cristina Popescu, Ioana Andone, Cristinel Dumitru Badiu (Romania) - OUR EXPERIENCE IN POST SPINAL CORD INJURY NEUROGENIC BLADDER REHABILITATION USING NONINVASIVE INTERFERENTIAL MEDIUM FREQUENCY CURRENTS Consuela Monica Brailescu, AS Nica, RG Scarlet (Romania) - VIRTUAL REALITY IN HAND EVALUATION AND REHABILITATION Gennady Ponomarenko (Russia) - STRUCTURAL ORGANIZATION AND THERAPEUTIC EFFECTS OF NATURAL AND ARTIFICIAL MINERAL WATERS Consuela Monica Brailescu, I Lascar, RG Scarlet (Romania) - RESULTS REGARDING THE USE OF PRM PROGRAM IN THE POST-SURGERY MANAGEMENT OF HAND TRAUMATIC INJURIES
13 ³⁰ – 14 ⁰⁰ E-POSTER Session PI HALL "NICOLAE BALCESCU" PARLIAMENT PALACE	 Cristina Daia, Gelu Onose, Cristina Popescu, Dumitru Cristinel Badiu, Diana Nita, Doroteea Teoibas-Serban, Nicolae Potra (Romania) - REHABILITATION ON A PATIENT WITH COMPLETE TETRAPLEGIA AFTER POST SPINAL CORD INJURY ASSOCIATED WITH BILATERAL HIPS AND KNEES ANKYLOSIS DUE TO HETEROTOPIC OSSIFICATION Cristina Daia, Gelu Onose, Denisa Dragnea, Diana Nita, Doroteea Teoibas Serban, Nicolae Potra, Anca Mihaescu (Romania) - REHABILITATION ON A PATIENT WITH TETRAPARESIS DUE TO DERMATOMYOSITIS - CASE REPORT Sinziana Silisteanu (Romania) - STUDY ON THE NUTRITIONAL IMPORTANCE IN THE RECOVERY OF LBP PACIENT M.R. Calin, M. A. Calin, Ghe. Iuri SIMIONCA, I. Radulescu, O. MERA (Romania) - EVALUATION OF RADON CONCENTRATION IN SOME NORTHERN ROMANIAN SALT MINES FOR SPELEO-THERAPEUTIC, MEDICAL PURPOSES AND BALNEO TOURISM Victor-George Constantinescu (Romania) - THE ROLE OF MARKETING RESEARCH IN PROMOTING A BALNEARY DESTINATION CASE STUDY: BAILE GOVORA Gennady Ponomarenko, Irina Cherkashina (Russia) - PERSONALIZED BALNEOTHERAPY IN PATIENTS WITH DISEASES OF THE JOINTS Ioana Stanescu, Gabriela Dogaru (Romania) - SWALLOWING DISORDERS IN CHRONIC ISCHEMIC STROKE: A PREDICTOR OF UNFAVORABLE OUTCOME Gabriela Dogaru, Marieta Motricală, Molnár Ákos, Constantin Craciun (Romania) - EXPERIMENTAL STUDY ON THE HEPATOPROTECTIVE EFFECT OF BAILE TUSNAD CARBONATED MINERAL WATER ON ALCOHOLIC LIVER I. Andone, C Daia, C Popescu, L Onose, M Chircu, CD Badiu, A-R Stoian, D Blendea, G Onose (Romania) - OUR CLINICAL EXPERIENCE CONCERNING PATIENTS DIAGNOSED OR SUSPECTED OF BORRELIOSIS/ LYME DISEASE Gabriela Dogaru, Denisa Muresan, Marieta Motricală, Molnár Ákos (Romania) - INCREASING THE QUALITY OF LIFE OF PATIENTS WITH PARKINSON'S DISEASE BY TREATMENT WITH NATURAL THERAPEUTIC FACTORS IN BAILE TUSNAD
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15 ⁹⁰ – 16 ¹⁵ Session IV HALL "NICOLAE BALCESCU" PARLIAMENT PALACE	Chairmen: Jose Manuel Carbajo, Ohtsuka Yashinori, Nazim Badalov 1. F. Armijo, I. Corvillo, I. Vázquez, J.M. Carbajo, F. Maraver (Spain) - SULPHUR WATERS OF SPANISH SPAS 2. Anca Ionescu (Romania) - EXERCISE PRESCRIPTION IN PREVENTION, REHABIITATION AND THERAPY 3. Yoshinori Ohtsuka, Toshihko Kaneko (Japan) - STRESS-REDUCING AND HEAT-RETAINING EFFECTS BY FOOT BATH WITH SOLUBLE EXTRACTS FROM THE LEAVES OF ABIES SACHALINENSIS 4. Nazim Badalov (Russia) - MAIN TENDENCIES OF SCIENTIFIC DEVELOPMENTS IN THE RUSSIAN BALNEOLOGY 5. Albrecht Falkenbach (Austria) - UV EXPOSURE: BENEFIT AND RISK
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16 ⁴⁵ – 18 ⁹⁰ Session V HALL "NICOLAE BALCESCU" PARLIAMENT PALACE	 Chairmen: Tamas Bender, Thierry Dubois, Nghargbu K'Tso Tamas Bender (Hungary) - UPDATED DATABASE OF THE SCIENTIFIC RESULTS OF HUNGARIAN BALNEOLOGY Antoaneta Grozeva (Bulgaria) - OPPORTUNITIES FOR IMPROVING QUALITY OF LIFE IN GERIATRIC PATIENTS USING PELOID THERAPY Atsuhiro Kishimoto (Japan) - EFFECTS OF THE THORON SPA OR BATH ON CANCER PATIENTS Elena Fernandez Burguera, S. Cheleschi, A. Vela-Anero, N. Gómez-Prieto, R. Meijide-Failde, A. Fioravanti, F.J. Blanco (Spain) - DO MINERAL WATERS HAVE ANTI-INFLAMMATORY EFFECTS? EVIDENCE FROM IN VITRO AND IN VIVO STUDIES Nghargbu K'Tso (Nigeria) - BALNEO-ECONOMICS: A PROPOSED SCIENTIFIC THEME FOR BALNEOLOGICAL RESEARCH Chairmen: Liliana Padure, Mihaiela Chicu, Gabriela Dogaru, Valentin Titus Grigorean
15 ⁰⁰ – 16 ³⁰ Session VI HALL "C.A. ROSETTI" PARLIAMENT PALACE	 Mihaiela Chicu, V. Vulpe, E. Bitere, O. Ciurcanu (Romania) - CORRELATIONS BETWEEN ANATOMO-PATHOLOGICAL, RADIOLOGICAL AND OSTEODENSITOMETRICAL ASPECTS IN EXPERIMANTAL INDUCED CHRONIC ARTHRITIS Mihaiela Chicu, E. Bitere (Romania) - SIDE EFFECTS OF LEFLUNOMID, RESPECTIVELY OF A SULFATED POLYSACCHARIDE EXPERIMENTAL INDUCED RHEUMATOID ARTHRITIS Florin Dragan, Gelu Onose, Liliana Padure (Romania) - PLANTAR SUPPORT A NEW ASSESSING WAY IN SCOLIOTIC PATIENTS WITHOUT PODAL PRIMARY PATHOLOGY Mihail-Alexandru Dumangiu, Liliana Padure (Romania) - ALTERNATIVE OF EDUCATION FOR BALANCE AND GAIT IN CHILDREN WITH CEREBRAL PALSY Gabriela Dogaru, Alexandra Ispas, Marieta Motricală, Gaspar Boroka, Molnár Ákos (Romania) - IMPROVEMENT OF THE QUALITY OF GAIT AND BALANCE BY TREATMENT WITH NATURAL THERAPEUTIC FACTORS IN BAILE TUSNAD IN POST-STROKE PATIENTS Liliana Padure, A. Oprea, A. I. Grigoriu (Romania) - GUIDED INJECTION OF BOTULINUM TOXIN TYPE A IN CEREBRAL PALSY (OUR EXPERIENCE)
16 ⁴⁵ - 18 ⁰⁰	SRMFRB General Assembly - HALL "C.A. ROSETTI" PARLIAMENT PALACE Get-To-Gether Party – National Military Circle

20 th of May, 2016				
	Chairmen: Neli-Claudia Bilha, İbrahim Demirtas, Iuri Simionca, Jolanta Czerwik			
	1. Neli-Claudia Bilha (Romania) - THE HANDS OF KINESIOTHERAPISTS – STUDY PROPOSAL AND PROFESSIONAL			
08 ³⁰ - 10 ⁰⁰	OPTIMIZATION			
Session VII	2. İbrahim Demirtas, Senayi Dönmez (Turkey) - CANKIRI SALT CAVE, IT IS A FIRS APPLICATION AS A THERAPY CENTRE IN			
HALL	TURKEY 3. Senayi Dönmez, İbrahim Demirtas (Turkey) - USING ÇANKIRI SALT CAVE IN HEALTH THERAPY			
"NICOLAE	 Senayi Dönmez, İbrahim Demirtas (Turkey) - USING ÇANKIRI SALT CAVE IN HEALTH THERAPY Jolanta Czerwik, Dorota Ankowska, Maria Kmiecik (Poland) - BRINE AEROSOL THERAPY IN THE "WIELICZKA" SALT MINE 			
IORGA"	HEALTH RESORT			
PARLIAMENT	5. Iuri Simionca (Romania) - 50 YEARS OF SPELEOTHERAPY IN SUBTERRANEAN SALT ENVIRONMENT AND 30 YEARS OF			
PALACE	HALOTHERAPY ON THE SURFACE			
	6. M.R. Calin, I. Radulescu, A.C. Ion (Romania) - ASSESSMENT OF QUALITY PARAMETERS AND OF NATURAL			
	RADIONUCLIDES CONCENTRATIONS IN NATURAL MINERAL WATER IN ROMANIA			
	Chairmen: Liviu Lazar, Aurelian Anghelescu, Andrei Carantino, Florina Ojoga 1. Aurelian Anghelescu, C. Gorgan, G. Petcu, M. Neculae, R. Radu, I. Frecea, Gelu Onose (Romania) - TYPICAL HEMIFACIAL			
	SPASM (HFS) – INEDITED CONSERVATIVE TREATMENT; CASE PRESENTATION			
08 ³⁰ - 10 ⁰⁰	2. Ruxandra Mihai, Ana Maria Boiangiu, Andrei Carantino, Ingrid Carantino, Ioana Apostolescu, Anca Oporanu, Eugen Turcu,			
Session VIII	Matei Gheorghiu, Andrei Marin, Ioana Dumitrescu, Anca Bordianu, Iris Popa, Mihai Predescu, Elena Martin, Catalin			
HALL	Bejinariu, Andreea Badeana, Olivia Constantinescu, Silviu Marinescu (Romania) - COLECTIV - THE MEDICAL BATTLE			
"NICOLAE	BEHIND THE TRAGEDY			
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PALACE	ANKYLOSING SPONDYLITIS, IN A ROMANIAN REHABILITATION CLINIC 4. Florina Ojoga (Romania) - THE REHABILITATION TREATMENT IN ADHESIVE CAPSULITIS OF THE SHOULDER			
	5. Marco Harari, S. Dikstein (Israel) - DEAD SEA CLIMATOTHERAPY: CONTROL OF SUN EXPOSURE THROUGH			
	NARROWBAND REFLECTANCE IN ATOPIC DERMATITIS CHILDREN			
	6. Liviu Lazar, FL. Marcu, F. Cioara, C. Nistor Cseppento (Romania) - ASPECTS OF REHABILITATION IN ELDERLY PATIENTS			
10 ⁰⁰ - 10 ³⁰	Coffee Break			
	Chairmen: Crina Sinescu, Cătălin Cârstoiu, Gelu Onose, Constantin Munteanu			
	1. Cătălin Cârstoiu (Romania) - REHABILITATION OF THE PATIENT WITH TUMORAL PROSTHESIS IN MUSCULOSKELETAL			
	ONCOLOGIC PATHOLOGY			
	 Valentin Titus Grigorean (Romania) - ALTERNATIVE SURGICAL THERAPY TO STANDARD TREATMENT FOR HYDROCEPHALUS: VENTRICULO-EPIPLOOIC SHUNT AND VENTRICULOPORTAL EXTRAPERITONEAL TRANSOMPHALIC 			
	SHUNT			
	3. Cring Sinescu (Romania) - CARDIOVASCULAR REHABILITATION IN ACCUTE ISCHEMIC HEART DISEASE			
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HALL	FACTORS, AND FUNCTIONAL STATUS, IN GERIATRIC INPATIENTS			
"NICOLAE	5. Irina Ionică, Florina Ojoga (Romania) - REHABILITATION OF A PATIENT WITH PROXIMAL THIRD CALF PERIOSTEAL			
IORGA"	OSTEOSARCOMA OPERATED WITH GMRS PROSTHESIS			
PARLIAMENT	 Romain Forestier, Dr F. Begüm Erol Forestier, Alain Francon (France) - SPA THERAPY IN CHRONIC LOW BACK PAIN: A SYSTEMATIC REVIEW 			
PALACE	7. Maeda Masaharu, Kogure Eisuke, Imai Mai, Kikkawa kouichi (Japan) – COMPARASION OF THE BLOOD PRESSURE			
	CHANGE IN YOUNG AND MIDDLE-AGED DURING THE WINTER HOME BATHING AT JAPANESE TRADITIONAL BATHING			
	8. Cristina Daia, Onose Gelu (Romania) - THE QUALITY OF LIFE EVALUATION OF PATIENTS WITH TRAUMATIC SPINAL CORD			
	INJURY, IN POST-ACUTE AND SUB-ACUTE STATE			
	9. Roman Huber, Julian Grebe, Sonja Kaifel, Tomas Weinert, Johannes Naumann (Germany) – EFFICACY OF HOT BATHS IN			
	PATIENTS WITH DEPRESSION			
	 Aurelian Anghelescu, Mihai Buşcă, Adina Constantin, Ioana Andone, Valentin-Titus Grigorean, Lucia Ana Maria Anghelescu, Oana Ilona David, Gelu Onose (Romania) - CURRENT SITUATION OF POLICIES ON THE EMPLOYMENT OF 			
	PERSONS WITH DISABILITIES IN ROMANIA			
	Chairmen: Alexandru Vlad Ciurea, Attila Klimó, Corin Badiu, Dan Stefan Ciroianu			
	1. Attila Klimó (Serbia) - SYSTEMIZATION OF APPLIED PELOID IN SERBIAN SPAS			
	2. Cristina Daia, Gelu Onose, Mihaela Chircu, Diana Nita, Doroteea Teoibas Serban, Nicolae Potra (Romania) – THE			
	COMPLEX THERAPEUTICALLY APPROACHES OF PATIENTS IN THE REHABILITATION HOSPITAL BRADET (ARGES,			
	ROMANIA), INCLUDING THE NATURAL THERAPEUTIC FACTORS AND CLIMATE 3. Georgiana Radu, Laura Rizea, Iuliana Banarescu, Monica Nedelea, Aurora Prajitura, Nicoleta Calota, Mihaela Minea,			
	Elena - Valentina Ionescu (Romania) - CLINICAL ASPECTS AND TERAPEUTICAL BENEFITS FOR CHILDREN WITH NEURO-			
1030 - 1300	PSYCHO-MOTOR DISORDERS UNDERGOING COMPLEX REHABILITATION TREATMENT USING TECHIRGHIOL AREAL			
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	11. Andreea Alexandra Lupu, Mihaela Botnarciuc, Camelia Ciobotaru, Elena-Valentina Ionescu, Sandica Albina, Irina Albadi, Madalina Gabriela Iliescu (Romania) - THE MODIFICATION OF QUALITY OF LIFE PARAMETERS IN CHRONIC
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13 ³⁰ - 15 ⁰⁰	Lunch time
15 ⁰⁰ - 15 ⁴⁵	ISMH General Assambly
15 ⁴⁵ - 16 ¹⁵	Coffee Break
16 ¹⁵ - 17 ⁰⁰	Poster Awords, Closing Ceremony
21.05.2016 -	Visit to The Balneal and Rehabilitation Sanatorium Techirghiol, Constanta, Romania
22.05.2016	visit to The Baineal and Renabilitation Sanatorium Techniquio, Constanta, Romania



Location: Southern Romania

Size: City of Bucharest / 88 sq.miles (228 sq km); Metropolitan area: 587 sq.miles (1,521 sq km)

Population: 1.921 million (2014)

Known for its wide, tree-lined boulevards, glorious Belle Époque buildings and a reputation for the high life (which in the 1900s earned its nickname of "Little Paris"), Bucharest, Romania's largest city and capital, is today a bustling metropolis.

Romanian legend has it that the city of Bucharest was founded on the banks of the Dambovita River by a shepherd named Bucur, whose name literarily means "joy". His flute playing reportedly dazzled the people and his hearty wine from nearby vineyards endeared him to the local traders, who gave his name to the place.

The House of Parliament

The Palace of the Parliament (Romanian: Palatul Parlamentului) is the seat of the Parliament of Romania. Located on Dealul Arsenalului in central Bucharest, it is the second largest administrative building in the world, after The Pentagon in the United States, with 84 m high, an area of 365,000 m2 and is composed of 23 bodies. Having a volume of 2,550,000 m3, it is also the third most massive building in the world.





The Romanian Athenaeum

The work of French architect Albert Galleron, who also designed the National Bank of Romania, the Athenaeum was completed in 1888, financed almost entirely with money donated by the general public. One of the preeminent public fundraising campaigns ever in Romania, the "Give a penny for the Athenaeum" campaign saved the project after the original patrons ran out of funds. With its high dome and Doric columns, the Athenaeum resembles an ancient temple.

The lobby has a beautifully painted ceiling decorated in gold leaf, while curved balconies cascade in ringlets off a spiral staircase. A ring of pink marble columns is linked by flowing arches where elaborate brass lanterns hang like gems from a necklace. Inside the concert hall, voluptuous frescoes cover the ceiling and walls. Renowned worldwide for its outstanding acoustics, it is Bucharest's most prestigious concert hall and home of the Romanian George Enescu Philharmonic.

The Arch of Triumph

It is situated on Kiseleff Street, in the vicinity of Herastrau Park . It is the replica of the famous Arch from Paris. It was built in 1922 to commemorate Romania's participation in the first World War.

The initial construction was realized by wood. In 1935-1936 the old monument was replaced by a new one made by granite. The sculptures which decorate the monument were created by Ion Jalea, Corneliu Mendrea, Constantin Baraschi and Dimitrie Paciurea.





The Cotroceni Palace

The palace was built in 1893 by the French architect Paul Gottereau and was meant to be the permanent residence of Prince Ferdinand. After the renovations following the earthquake from 1977, Ceausescu made it the official guest house.

In 1991 one wing of the palace became the residence of the President of Romania. Near the palace you can find Cotroceni Museum, one of the most appreciated museums in Europe.



Bucharest Museums

- Art Collections Museum
- Bucharest History & Art Museum
- Communist Iconography Museum
- Cotroceni Palace & Museum
- George Enescu Museum
- Grigore Antipa Natural History Museum
- Museum of the Romanian Peasant
- Village Museum
- National Art Museum
- National History Museum
- National Military Museum

Bucharest Parks & Gardens

- Cişmigiu Garden
- Botanical Garden
- Carol I Park
- Herăstrău Park



OLD HISTORICAL CENTER OF BUCHAREST

Lipscani District

Perhaps the city's unique charm can be best observed in the area known as Lipscani, which consists of a jumble of streets between Calea Victoriei, Blvd. Bratianu, Blvd. Regina Elisabeta and the Dambovita River. At the beginning of 1400s, most merchants and craftsmen - Romanian, Austrian, Greek, Bulgarian, Serbian, Armenian and Jewish - established their stores and shops in this section of the city. Soon, the area became known as Lipscani, named for the many German traders from Lipsca or Leiptzig. Other streets took on the names of various old craft communities and guilds, such as Blanari (furriers), Covaci (blacksmiths), Gabroveni (knife makers) and Cavafii Vechii (shoemakers). The mix of nationalities and cultures is reflected in the mishmash of architectural styles, from baroque to neoclassical to art nouveau.

Today, the area is home to many art galleries, antique shops and coffeehouses. On a beautiful day, you can stroll down the narrow cobblestone streets and imagine the shopkeepers outside near their stores, encouraging people to buy their merchandise and negotiating prices with them.

Manuc's Inn

Built between 1804 and 1808 by the wealthy Armenian trader Emanuel Marzaian (called by the Turks, Manuc Bey), the inn was witness in 1812 to the preliminary talks of the

Peace Treaty that put an end to the Russian-Turkish War (1806-1812).

A favorite meeting and resting place for tradesmen in those times, Manuc's Inn has preserved to this day its old style and flavor. It now serves as a hotel with a restaurant, a wine cellar and a pastry shop.

The Beer Cart Restaurant

Opened in 1879, this famous restaurant and beer house soon became one of the most popular meeting places for Bucharest's literati who would gather to discuss matters of their time. Its neo-gothic architectural style is reflected both in the façades and the interior decorations: columns, arches, chandeliers, a wooden staircase, furniture and murals on the walls and ceiling.

Stavropoleos Monastery

Stavropoleos Monastery (Romanian: Mănăstirea Stavropoleos), also known as Stavropoleos Church (Romanian: Biserica Stavropoleos) during the last century when the monastery was dissolved, is an Eastern Orthodox monastery for nuns in central Bucharest, Romania. Its church is built in Brâncovenesc style.

The patrons of the church are St. Archangels Michael and Gabriel. The name Stavropoleos is a Romanian rendition of a Greek word, Stauropolis, meaning "The city of the Cross". One of the monastery's constant interests is Byzantine music, expressed through its choir and the largest collection of Byzantine music books in Romania.



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