

BALNEO
RESEARCH

Balneo and PRM Research Journal

English Edition

e ISSN 2734 - 8458 p ISSN 2734 - 844X

ROMANIAN ASSOCIATION OF BALNEOLOGY

Reference: BPRMRJ/ART/1077/17(3)/2026

Date: 30 September 2026



Certificate of publication

**(1077) Changes in Static Postural Alignment Following a 12-Week Core - Strengthening Program in University Students:
A Prospective APECS-Based Study**

- Stefan Alecu and Gheorghe Adrian Onea

Balneo and PRM Research Journal. 2026;17(3):1077

DOI 10.12680/balneo.2026.1077

Autorized signature:

Constantin Munteanu

Editor-in-chief of Balneo and PRM Research Journal
Romanian Association of Balneology

- **Website <http://bioclima.ro/Journal.htm>**
- **Editorial Board: <http://bioclima.ro/Edit.php>**

Balneo and PRM Research Journal

Print ISSN: 2734-844X

Online ISSN: 2734-8458

