

## Dragi colegi,

Anul **2022** a fost unul plin de provocări dar și de oportunități pentru noi toți ca și pentru **Asociația Română de Balneologie**. Obiectivele stabilite la începutul anului au fost îndeplinite: Congres 2022 -(EACCME®) cu 44 credite, articole științifice, proiect experimental PED, proiect european, acceptat la finanțare pentru următoarele 48 de luni, participări la evenimente din țară și din străinătate. E întotdeauna loc de mai bine, dar acest mai bine vine prin munca dublată de pasiune.

Asociația Română de Balneologie se definește, conform statutului, drept organizație profesionala de promovare a turismului balnear din țara noastră, un factor de progres necesar pentru dezvoltarea cercetării științifice a factorilor naturali terapeutici, un mediu academic în care să ne putem exprima profesional și un amfiteatru pentru a disemina rezultatele obținute în activitatea noastră științifică. În acest sens am participat la numeroasele întâlniri organizate de Ministerul Antreprenoriatului și Turismului.

Din perspectiva științifică, **Balneo and PRM Research Journal** a publicat în 2022, **32 articole**, redactate în limba engleză, revistă indexată momentan în mai multe baze internaționale de date, cum ar fi DOAJ, CrossRef, NML sau ESCI. Am fost reconfirmați în ESCI—ISI Thompson. **Anul 2023 va fi primul în care sperăm să primim și factor de impact—IF.** 

Obiectivele anului 2023: Congres AMR 2023, Congres 2023 —Timișoara, minim 10 articole ISI publicate în 2023, Balneo and PRM Research Journal cu IF, un nou proiect de cercetare acceptat la finanțare, derularea activităților experimentale prevăzute pentru proiectele aflate în execuție, noi contracte de cercetare. Pentru toate acestea, dorim sănătate și armonie între noi.









## Membrii ARB în anul 2022

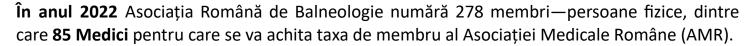
Membrii ARB - persoane juridice

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SC Ana Hotels SA - Eforie Nord Reprezentanți: Iuliana Tasie, Director General,

Dr. Mihaela Cucu, Director Medical

Membrii ARB - persoane fizice







Statutul de membru al Asociației Române de Balneologie se reînnoiește anual. Pentru anul 2023 statutul de membru este acordat celor care vor completa formularul de înscriere online de pe pagina asociației <a href="http://bioclima.ro">http://bioclima.ro</a> și vor achita taxa de membru în valoare de 100 lei. Medicii rezidenți, fizio-kinetoterapeuții, asistenții medicali, cercetătorii științifici, funcționarii publici din autorități publice locale / centrale și membrii ai altor ONG-uri de promovare a turismului au o reducere de 50 % a taxei - pentru aceste categorii, valoarea taxei fiind de 50 lei. Plata taxei de membru al Asociației Române de Balneologie include 25 lei pentru Abonamentul la revista asociației Balneo Research Journal, introdusă în Nomenclatorul Publicațiilor medicale ale Colegiului Medicilor din România.



# Titlul Proiectului: Metoda combinata bazata pe imagistică hiperspectrala și investigații biologice de evaluare a efectelor unor factori naturali terapeutici în afecțiuni din sfera patologiei Neuro-Mio-Artro-Kinetice



https://biohis.projects.umfiasi.ro/

Proiectul BIOHIS își propune să dezvolte, să testeze și să valideze o nouă metodă de bioinginerie, utilizând date corelate de imagistică hiperspectrală (HSI) și investigații biologice pentru evaluarea eficacității terapeutice a factorilor terapeutici naturali, cum ar fi namolul sau apele minerale sulfuroase naturale, în sfera de patologie Neuro-Mio-Artro-Kinetică.



generat de UDIManager - EVot

## Proiectul European 101080875 - STRATIF-AI, finanțare aprobată, durata 48 luni

■ SPARCH FLINDING A TENDERS ▼ HOW TO PARTICIPATE ▼ PROJECTS A RESULTS. WORK AS AN EXPERT. SUPPORT. ▼

Funding & tender opportunities

Mv Project



Subject: Horizon Europe (HORIZON) Project: 101080875 - STRATIF-AI

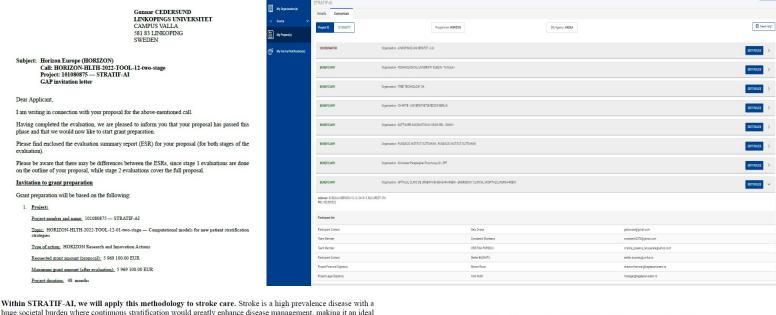
Dear Applicant,

I am writing in connection with your proposal for the above-mentioned call.

phase and that we would now like to start grant preparation.

evaluation)

on the outline of your proposal, while stage 2 evaluations cover the full proposal.



huge societal burden where continuous stratification would greatly enhance disease management, making it an ideal use case for the application of modern computational techniques. During the dynamic trajectory of the disease, from acute stroke to rehabilitation and long-term disease management phases, stratification would enable personalised care as patients evolve. Despite considerable progress in understanding stroke risk factors and treatments, it is still extremely difficult to implement traditional knowledge-based decisions on what prevention measures and/or therapeutics to use for which patients. The availability of more effective preventive and therapeutic interventions tailored to the individual or groups of individuals with common phenotypes is still lacking. The most important identified causes are i) the lack of interdisciplinary research that takes advantage of data integration solutions and technologies (e.g. advanced statistical and/or AI/machine learning methods and/or digital twin technologies) ii) the absence of data integrative computational models from multiples stroke-relevant sources (structured and unstructured data) to be stored, exchanged and re-used taking advantage of a series of already available interoperability standards, and iii) the lack of optimised, robust, transparent, trustworthy and accurate computational models to guide stratification strategies aimed at stroke prevention and for improving patients' clinical outcomes as measured by standardized assessments



Visinoma Constantin Muntagau (n002/rei

Get started

Actions of

## Activități relevante ale Asociației Române de Balneologie în anul 2022

## Societatea Română de Medicină Fizică, de Recuperare și Balneoclimatologie (SRMFRB)







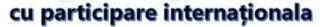






## Congresul Național de Medicină Fizică, de Recuperare și Balneologie







http://srmfrb.ro

Slănic Moldova, 3 – 7 Septembrie 2022 / Techirghiol, 7 – 10 Septembrie 2022





http://bioclima.ro

Asociația Română de Balneologie (ARB)









# 1 ST ROMANIAN-ITALIAN CONFERENCE ON PHYSICAL AND REHABILITATION MEDICINE

AUXOLOGICO PRESIDENT MEDCENTER

BAILE FELIX, ORADEA – ROMANIA

October 2022, Friday 21 and Saturday morning 22

MEETING PRESIDENTS: PROF. GELU ONOSE AND PROF. LUIGI TESIO

### **BALNEO** and PRM Research Journal

Vol 13, No. 1, Merch 2022









## Balneo and PRM Research Journal

Website http://bioclima.ro/Journal.htm

E-mail: office@bioclima.ro

Publisher: Romanian Association of Balneology (Bucharest)

Asociatia Romana de Balneologie / Romanian Association of Balneology

Editura Balneara

## Balneo and PRM Research Journal / Index name: BALNEO Indexare BDI science.thomsonreuters.com

Editor: Romanian Association of Balneology / Asociația Română de Balneologie

Dupa 12 ani, dupa 532 articole publicate, dupa eforturi susținute și prin prisma lectiilor învătate, Balneo and PRM Research Journal îsi mentine locul între revistele românesti indexate ESCI—ISI.

În 2022 au fost publicate 32 de articole, evaluate de un grup de 20 de peerreview-eri, fiind emis un certificat în acest sens:



#### Indexare în EMERGING SOURCES CITATION INDEX (ESCI)

Vă multumim pentru efortul comun de pană acum și vă invităm să continuăm acest demers pentru ca împreună să fim promotorii dezvoltării balneologiei și să oferim instrumente adecvate de promovare academică a fiecăruia dintre noi.



Reference: BPRMRJ/ART/49713(1)/2022

Date: 21 March 2022



## Certificate of publication

(497) Rehabilitation of post-COVID patients with chronic fatigue and cognitive disorders syndromes

<u>(රුවේ) (රුවේ) (රුවේ)</u>

- Liudmila Babliuk, Svitlana Fediaeva, Iryna Babova, Vita Mesoedova, Sergii Tamazlykar

Balneo and PRM Research Journal. 2022;13(1):497 Full Text DOI 10.12680/balneo.2022.497

Autorized signature: Constantin Munteanu

Editor-in-chief of Balneo and PRM Research Journal Romanian Association of Balneology

Website http://bioclima.ro/Journal.htm

Editorial Board: http://bioclima.ro/Edit.php

Print ISSN: 2734-844X Online ISSN: 2734-8458



Balneo and PRM Research Journal







Activitate în cadrul Consiliului Consultativ al Turismului 2022

UAT SLÄNIC MOLDOVA STR. VASILE ALECSANDRI NR. 4, JUD. BACÄU; CIF 4178442; e-mail: primaris@primarisdaniemoldova.ro; we': www.primarisdaniemoldova.ro; tel: 0234748119; fax: 0234748829; RO-665500 EN ISO 9001-2015



Nr. 7357/07.06.2022

#### CONTRACT PRESTĂRI SERVICII

 În temeiul Legii nr. 98/19.05.2016 privind achizițiile publice, cu modificările şi completarile ulterioare, s-a încheiat prezentul contract de prestări servicii, între:

si.

Părțile au înteles să încheie azi, ....., prezentul contract în 2 (două) exemplare, câte unul pentru fiecare parte.

Achizitor,
UAT ORASUL SLANIC MOLDOVA
reprezentata prin
Primar,
cc. Baciu Gheorghe

Prestator,
S.C. BIOSAFETY S.R.L. Bucuresti

Administrator,
PUNICANU CONSTITUTION

Viza Birou Economic ce. Boaca Saulescu Gena

Viza Compartiment Juridic, cons.jur. Forcoş Petre

Intocmit - Achizitii Publice, cons. sup. Scurtu Mihaela Alina

Viza Birou Urbanism Dr. Ing. Stamate Marius

Viza CFP, cons.asist. Moraru Mihaela Rozalia

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MINISTERUL SANATATII
SANATORIUL BALNEAR SI DE RECUPERARE TECHIRGHIOL
SE. Dr. Victor Chimoru, nr 34-40
Tale 204.481.711
Fale 204.78.716
Fale 204.78.78.61a.rs

#### Contract de prestari servicii

Nr. 7469 / 28.04.2017

În temeiul Legii nr.98/2016, privind atribuirea contractelor de achiziție publică, s-a încheiat prezentul contract de prestari servicii,

#### Intro

SANATORIUL BALNEAR SI DE RECUPERARE TECHIRGHIOL cu sediul in Techirghiol, str. Dr. Victor Climescu nr. 34 – 40, cod postal 906100, Judet Constanta, telefon/fax 02141/481.721 si 0241/735.705, cod fiscal nr. 4300868, cont RO51TREZ23F660006200109X deschis la Trezoreria Eforie, reprezentat legal prin Manager - Almasan Elena-Roxana, îr calitate de achizitor, pe de o parte,

S.C BIOSAFETY S.R.L., cu sediul in Bucuresti, Sector 3, str. Postavarul nr. 3C, et.1, ap. 11, cod fiscal nr. 28184450, cont RO18INGB0000999904664056 deschis la ING Bank, reprezentata prin Presedinte—Munteanu Constantin, in calitate de presstator, pe de altà parte.

Părțile au înțeles să încheie azi, <u>AP O4 ACM</u>, prezentul contract ale cărui clauze au fost discutate, negociate, înțelese și acceptate de părți în 2 (doua) exemplare, din care un exemplar la prestator și un exemplar la nexipar la achizitor.

Prezentul contract contine un numar de 6 (sase) pagini.

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Achizitor, SANATORIUL BALNEAR SI DE RECUPERARE TECHIRGHIOL	Prestator, S.C. BIOSAFETY S.R.L.
MANAGER ALMASAN Elena-Roxana	PRESEDINTE MUNTEANU Constantin
DIRECTOR FINANCIAR CONTABIL STAN Mariana	Jucussi.
DIRECTOR MEDICAL IONIDECU Elena Valentina	. ,
VIZA C.F.P. LUNGU Florinela  18, Oh, Jahr	
COMPARTIMENT JURIDIC, CORBEANU Monica	







SANATORIUL BALNEAR ŞI DE RECUPERARE TECHIRGHIOL

Bd. Dr. Victor Climescu, er 34-40, Tel: 0241 481 711; Fax: 0241 735 705; Web: www.sbathol.or; E-mail: databool@depaint.or

Nr. 10035 / 07.07.2022

#### CONTRACT DE PRESTARE SERVICII

In temeiul Legii nr. 98/2016 privind achizitiile publice si a Hotararii Guvernului nr. 395/2016 pentru aprobara Normelor metodologice de aplicare a prevederilor referitoare la atribuirea contratului de achizitie publica/acordului-cadru din Legea nr. 98/2016 privind achizitiile publice, s-a incheiat prezentul contract de prestare servicii,

#### Intre:

SANATORIUL BALNEAR SI DE RECUPERARE TECHIRGHIOL cu sediul in oras Techinghiol, 8-dal. Dr. Vietor Climescu nr34-40, cod postal 960160, judet Constanta, telefion 0241-481.711, fax 0241-735.705, Cod fiscal 4300868, cont IBAN RO48TREZ23F66050621000X deschis la Trezoreria Eforie, reprezentat legal prin manager - Elena-Roxana TUCMEANU, in califate de BENEFICIAR, pe de o parte,

S.C. BIOSAFETY S.R.L., ou sediul in Bucuresti, Sector 3, str. Postavarul nr. 3C, et. 1, ap. 11, cod postal 032421, tel. 0723.138.339, e-mail: <a href="https://discarler.org/licarler.org/licarler/biosafety.org">difficarler/biosafety.org</a>, cod fiscal nr. 28184450, nr. de inregistrarein Reg. Comertulai – J403/088/2011, cont RO18INGB0000999904664056 deschis la ING Bank, reprezentata prin Presedinte – MUNTEANU Constantin, in calitate de PRESTATOR, pe de shift marte.

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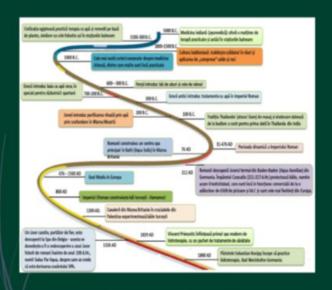
Beneficiar, SANATORIUL BALNEAR SLDE RECUPERARE TECHTRICHIOL	Prestator. S.C BIOSAFETY S.R.L
MANAGER Elena – Roxana TUCMEANU	PRESEDINTE MUNTEANU Constantin
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VIZA C.F.P.P. Floring EUNGLE VIZAY PLATER  THE CATALOGUE AND THE C	
COMPARTIMENT JURIDIC loans CASANDRA	



Constantin Munteanu, Mariana Rotariu, Mihaela-Iustina Condurache

Facultatea de Bioinginerie Medicală

## Hidrotermoterapie



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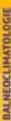
Constantin Munteanu, Mariana Rotariu, Mihaela-Iustina Condurache

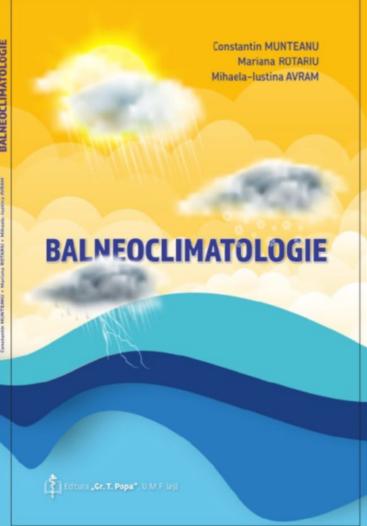
Facultatea de Bioinginerie Medicală

## Hydrothermotherapy



Editura Universității "Grigore T. Popa" Iași, 2022







Constantin Munteanu, Mariana Rotariu, Mihaela-Iustina Condurache

**FACULTY OF MEDICAL** 

## Balneoclimatology

Physio-Kinesiotherapy and Rehabilitation Program



Editura Universității "Grigore T. Popa" lași, 2022

#### Review

## Non-invasive, non-pharmacological/bio-technological interventions towards neurorestoration upshot after ischemic stroke, in adults-systematic, synthetic, literature review

Gelu Onose<sup>1,2,\*</sup>, Aurelian Anghelescu<sup>2,3</sup>, Corneliu Dan Blendea<sup>4,5</sup>, Vlad Ciobanu<sup>6</sup>, Cristina Octaviana Daia1,2, Florentina Carmen Firan5,\*, Constantin Munteanu2,7, Mihaela Oprea<sup>1,2</sup>, Aura Spinu<sup>1,2</sup>, Cristina Popescu<sup>2</sup>

<sup>1</sup>Physical and Rehabilitation Medicine Department, Faculty of Medicine, University of Medicine and Pharmacy "Carol Davila", 020022 Bucharest, Romania, 2 Neuromuscular Rehabilitation Clinic Division, Teaching Emergency Hospital "Baadasar-Arseni", 041915 Bucharest, Romania, 3 Specific Disciplines Department, Faculty of Midwifes and Nursina, University of Medicine and Pharmacy "Carol Davila", 020022 Bucharest, Romania, 4Medical-Surgical and Prophylactic Disciplines Department - Medical Rehabilitation, Recovery and Medical Physical Culture Discipline, Faculty of Medicine, University "Titu Maiorescu", 040051 Bucharest, Romania, 5 Physical and Rehabilitation Medicine & Balneology Clinic Division - The Neuro-Rehabilitation Compartment, Teaching Emergency Hospital of the Illoy County. 22104 Bucharest, Romania, 6 Politehnica University of Bucharest, Computer Science Department, 060042 Bucharest, Romania, <sup>7</sup>Department of Biomedical Sciences, Faculty of Medical Bioengineering, University of Medicine and Pharmacy "Grigore T. Popa" Iasi, 700454 Iasi, Romania

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- 7. Ethics approval and consent to participate
- 8. Acknowledgment
- 9. Funding
- 10. Conflict of interest
- 11. References

#### 1. Abstract

Considering its marked life-threatening and (not seldom: severe and/or permanent) disabling, potential, plus the overall medico-psycho-socio-economic tough burden it represents for the affected persons, their families and the community, the cerebrovascular accident (CVA)including with the, by far more frequent, ischemic typeis subject to considerable scientific research efforts that aim (if possible) at eliminating the stroke induced lesions, and consist, as well, in ambitious-but still poorly transferable into medical practice-goals such as brain neuroregeneration and/or repair, within related corollary/upshot of neurorestoration. We have conducted, in this respect, a systematic and synthetic literature review, following the "Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA)" concept. Accordingly, we have interrogated five internationally renowned medical data bases: Elsevier, NCBI/PubMed, NCBI/PMC, PE-Dro, and ISI Web of Knowledge/Science (the last one to check whether the initially identified articles are published in ISI indexed journals), based on a large (details in the body text) number of most appropriate, to our knowledge. key word combinations/"syntaxes"-used contextuallyand subsequently fulfilling the related, on five steps, filtering/selection methodology. We have thereby selected 114 fully eligible (of which contributive: 83-see further) papers; at the same time, additionally, we have enhanced our documentation-basically, but not exclusively, for the introductive part of this work (see further)-with bibliographic resources, overall connected to our subject, identified in the literature within a non-standardized search. It appears that the opportunity window for morph-functional recovery after stroke is larger than previously thought, ac-





## Recent Advances in Molecular Research on Hydrogen Sulfide (H2S) Role in Diabetes Mellitus (DM)—A Systematic Review

Constantin Munteanu 1,2,50, Mariana Rotariu 1, Marius Turnea 1, Gabriela Dogaru 3,4, Cristina Popescu 2, Aura Spînu 2,50, Ioana Andone 2,5, Ruxandra Postoiu 2, Elena Valentina Ionescu 6,7, Carmen Oprea 6,7, Irina Albadi 6,8 and Gelu Onose 2,5,80

- 1 Faculty of Medical Bioengineering, University of Medicine and Pharmacy "Grigore T. Popa" last, 700115 lasi, Romania; mariana.rotariu@umfiasi.ro (M.R.); marius.turnea@umfiasi.ro (M.T.)
- Teaching Emergency Hospital "Bagdasar-Arseni", 041915 Bucharest, Romania: cristina popescu, recuperare@yahoo.com (C.P.); aura.spinu@umfod.ro (A.S.); ioana.andone@umfod.ro (LA.); postoju ruxandra@vahoo.ro (R.P.)
- Clinical Rehabilitation Hospital, 400066 Cluj-Napoca, Romania; gabriela.dogaru@umfcluj.ro
- Faculty of Medicine, "Iuliu Hatieganu" University of Medicine and Pharmacy, 400347 Clui-Napoca, Romania
- Faculty of Medicine, University of Medicine and Pharmacy "Carol Davila", 050474 Bucharest, Romania Faculty of Medicine, Ovidius University of Constanta, 900527 Constanta, Romania;
- elena.ionescu@365.univ-ovidius.ro (E.V.I.); carmen.oprea@365.univ-ovidius.ro (C.O.); irina albadi@vahoo.com (LA.)
- Balneal and Rehabilitation Sanatorium of Techirghiol, 906100 Techirghiol, Romania
- Teaching Emergency County Hospital "Sf. Apostol Andrei" Constanta, 900591 Constanta, Romania
- Correspondence: constantin.munteanu.biolog@umfiasi.ro (C.M.); gelu.onose@umfcd.ro (G.O.)

Abstract: Abundant experimental data suggest that hydrogen sulfide (H2S) is related to the pathophysiology of Diabetes Mellitus (DM). Multiple molecular mechanisms, including receptors, membrane ion channels, signaling molecules, enzymes, and transcription factors, are known to be responsible for the H2S biological actions; however, H2S is not fully documented as a gaseous signaling molecule interfering with DM and vascular-linked pathology. In recent decades, multiple approaches regarding therapeutic exploitation of H2S have been identified, either based on H2S exogenous apport or on its modulated endogenous biosynthesis. This paper aims to synthesize and systematize, as comprehensively as possible, the recent literature-related data regarding the therapeutic/rehabilitative role of H2S in DM. This review was conducted following the "Preferred reporting items for systematic reviews and meta-analyses" (PRISMA) methodology, interrogating five international medically renowned databases by specific keyword combinations/"syntaxes" used contextually, over the last five years (2017-2021). The respective search/filtered and selection methodology we applied has identified, in the first step, 212 articles. After deploying the next specific quest steps, 51 unique published papers qualified for minute analysis resulted. To these bibliographic resources obtained through the PRISMA methodology, in order to have the best available information coverage, we added 86 papers that were freely found by a direct internet search. Finally, we selected for a connected meta-analysis eight relevant reports that included 1237 human subjects elicited from clinical trial registration platforms. Numerous H2S releasing/stimulating compounds have been produced, some

studies, indicating that the development of H2S as a therapeutic agent is still at the beginning. Keywords: hydrogen sulfide (H2S); Diabetes Mellitus (DM); DM vascular-linked pathology; systematic review; oxidative phosphorylation; ROS (Reactive Oxygen Species)

being used in experimental models. However, very few of them were further advanced in clinical

iations

check for updates

Citation: Munk-anu, C.; Rotariu, M.;

Turnea, M.; Dogaru, G.; Popescu, C.;

Ionescu, E.V.; Oprea, C.; et al. Recent

Advances in Molecular Research on

Hydrogen Sulfide (H-S) Role in

Systematic Review, Int. J. Mol. Sci.

2022, 23, 6720. https://doi.org/ 10.3390/ijms23126720

Academic Editor: Alexande Baykov

Publisher's Note: MDPI stays neutral

with segard to jurisdictional claims in

published maps and institutional affil-

Diabetes Mellitus (DM)-A

Received: 27 May 2022

Accepted: 13 June 2022

Published: 16 June 2022

Spinu, A.; Andone, L.; Postoiu, R.;

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#### 1. Introduction

Diabetes Mellitus (DM) is a non-communicable chronic metabolic disease [1] characterized by prolonged hyperglycemia. Type 1 DM is a chronic condition in which the body's pancreatic β cells, determined by different causes, reduce insulin production. Instead, type







### Cellular and Molecular Targets for Non-Invasive, Non-Pharmacological Therapeutic/Rehabilitative Interventions in Acute Ischemic Stroke

Gelu Onose 1,2,\*, Aurelian Anghelescu 2,3, Dan Blendea 4,5, Vlad Ciobanu 6, Cristina Daia 1,2, Florentina Carmen Firan 5, Mihaela Oprea 1,2, Aura Spinu 1,2, Cristina Popescu 2, Anca Ionescu 1, Stefan Busnatu 10 and Constantin Munteanu 2,7,\*0

- Faculty of Medicine, University of Medicine and Pharmacy "Carol Davila", 020022 Bucharest, Romania; cristina.daia@umfcd.ro (C.D.); mihaelamandu37@vahoo.com (M.O.); aura.spinu@umfcd.ro (A.S.); anca.ionescu@umfcd.ro (A.I.); stefan.busnatu@umfcd.ro (S.B.)
- Neuromuscular Rehabilitation Clinic Division, Teaching Emergency Hospital" Bagdasar-Arseni", 041915 Bucharest, Romania; aurelian.anghelescu@umfcd.ro (A.A.); cristina\_popescu\_recuperare@yahoo.com (C.P.)
- Faculty of Midwives and Nursing, University of Medicine and Pharmacy "Carol Davila", 020022 Bucharest Romania
- Faculty of Medicine, University "Titu Maiorescu", 0400511 Bucharest, Romania; danblendea@gmail.com 5 Physical and Rehabilitation Medicine & Balneology Clinic Division, Teaching Emergency Hospital of the Ilfov County, 022113 Bucharest, Romania; firancarmen@yahoo.com
- 6 Computer Science Department, Politehnica University of Bucharest, 060042 Bucharest, Romania; vlad.ciobanu@upb.ro
- Faculty of Medical Bioengineering, University of Medicine and Pharmacy" Grigore T. Popa", 700115 Iași, Romania
- Correspondence: gelu.onose@umfcd.ro (G.O.); constantin.munteanu.biolog@umfiasi.ro (C.M.)

Abstract: BACKGROUND: Cerebral circulation delivers the blood flow to the brain through a dedicated network of sanguine vessels. A healthy human brain can regulate cerebral blood flow (CBF) according to any physiological or pathological challenges. The brain is protected by its self-regulatory mechanisms, which are dependent on neuronal and support cellular populations, including endothelial ones, as well as metabolic, and even myogenic factors. OBJECTIVES: Accumulating data suggest that "non-pharmacological" approaches might provide new opportunities for stroke therapy, such as electro-/acupuncture, hyperbaric oxygen therapy, hypothermia/cooling, photobiomodulation, therapeutic gases, transcranial direct current stimulations, or transcranial magnetic stimulations. We reviewed the recent data on the mechanisms and clinical implications of these non-pharmaceutical treatments. METHODS: To present the state-of-the-art for currently available non-invasive, nonpharmacological-related interventions in acute ischemic stroke, we accomplished this synthetic and systematic literature review based on the Preferred Reporting Items for Systematic Principles Reviews and Meta-Analyses (PRISMA). RESULTS: The initial number of obtained articles was 313. After fulfilling the five steps in the filtering/selection methodology, 54 fully eligible papers were selected for synthetic review. We enhanced our documentation with other bibliographic resources connected to our subject, identified in the literature within a non-standardized search, to fill the knowledge gaps. Fifteen clinical trials were also identified. DISCUSSION: Non-invasive, non-pharmacological therapeutic/rehabilitative interventions for acute ischemic stroke are mainly holistic therapies. Therefore, most of them are not yet routinely used in clinical practice, despite some possible beneficial effects, which have yet to be supplementarily proven in more related studies. Moreover, few of the identified clinical trials are already completed and most do not have final results. CONCLUSIONS: This review synthesizes the current findings on acute ischemic stroke therapeutic/rehabilitative interventions, described as non-invasive and non-pharmacological.



Citation: Onose, G.; Anghelescu, A.; Blendea, D.; Ciobanu, V.; Daia, C.; Firan, EC.; Oprea, M.; Spinu, A.; Popescu, C.; Ionescu, A.; et al. Cellular and Molecular Targets for Non-Invasive, Non-Pharmacological Therapeutic/Rehabilitative Interventions in Acute Ischemic Stroke. Int. J. Mol. Sci. 2022, 23, 907. https://doi.org/10.3390/ iims23020907

Academic Editor: Peter Kraft

Received: 17 December 2021 Accepted: 12 January 2022 Published: 14 January 2022

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SYSTEMATIC REVIEW published: 05 September 2018 dol: 10.3389/fnins.2018.00577



## Mobile Mechatronic/Robotic Orthotic Devices to Assist-Rehabilitate Neuromotor Impairments in the Upper Limb: A Systematic and Synthetic Review

Gelu Onose 1,2\*, Nirvana Popescu3, Constantin Munteanu2, Vlad Ciobanu3, Corina Sporea 4, Marian-Daniel Mirea 4, Cristina Daia 1,2, Ioana Andone 2, Aura Spînu 2 and Andrada Mirea 1,4

Department of Physical and Rehabilitation Medicine, Carol Davila University of Medicine and Pharmacy, Bucharest, Romania, 2 Emergency Clinical Hospital Bagdasar Arseni, Bucharest, Romania, 2 Computer Science Department, Politehnica University of Bucharest, Bucharest, Flormania, 4 National Teaching Center for Neuro-Psyhomotor Rehabilitation in Children N. Robanescu, Bucharest, Romania

#### **OPEN ACCESS**

#### Edited by: Laura Ballerini,

Scuola Internazionale Superiore di Studi Avarizati (SISSA), Ifaly

#### Reviewed by: Józef Alfons Opara, Jerzy Kukuczka Academy of Physical Education in Katowice, Poland Harvinder Singh Chhabra, Indian Spinal Injuries Centre, India

\*Correspondence: Gelti Onose geluonose@gmail.com

#### Specialty section: This article was submitted to

Neural Technology, a section of the journal Frontiers in Neuroscience

Received: 22 February 2018 Accepted: 30 July 2018 Published: 05 September 2018

#### Citation:

Onose G, Popescu N, Munteanu C, Clobanu V, Sporea C, Mirea M-D, Dala C, Andone I, Spinu A and Mirea A (2018) Mobile Mechatronic/Robotic Orthotic Devices to Assist-Rehabilitate Neuromotor Impairments in the Upper Limb: A Systematic and Synthetic Review, Front, Neurosci, 12:577. dol: 10.3389/fnlns.2018.00577 This paper overviews the state-of-the-art in upper limb robot-supported approaches, focusing on advancements in the related mechatronic devices for the patients' rehabilitation and/or assistance. Dedicated to the technical, comprehensively methodological and global effectiveness and improvement in this inter-disciplinary field of research, it includes information beyond the therapy administrated in clinical settings-but with no diminished safety requirements. Our systematic review, based on PRISMA guidelines, searched articles published between January 2001 and November 2017 from the following databases: Cochrane, Medline/PubMed, PMC, Elsevier, PEDro, and ISI Web of Knowledge/Science. Then we have applied a new innovative PEDro-inspired technique to classify the relevant articles. The article focuses on the main indications, current technologies, categories of intervention and outcome assessment modalities. It includes also, in tabular form, the main characteristics of the most relevant mobile (wearable and/or portable) mechatronic/robotic orthoses/exoskeletons prototype

Keywords: upper limb rehabilitation, robotic exoskeletons, mobile robotic orthotic devices, mechatronic wearable orthoses, systematic and synthetic review

#### 1. INTRODUCTION-GENERAL PERSPECTIVE AND MAIN RATIONALES

devices used to assist-rehabilitate neuromotor impairments in the upper limb.

What differentiates human beings from animals is the superior psycho-cognitive activity, including the coordinated/complex, workable, actions of its highly correlated physical effecter: the upper limb, and especially the hand-as basis of our creative and modeler/draftsman kind interactions with the environment. This profound and subtle reality has been conceptualized during history by great thinkers, such as Aristotel (2005), Descartes, Newton and Kant (Lundborg, 2014).

Accordingly, finding solutions that address rehabilitation and/or functional assistance of neuromotor impairments at this level would have a remarkable positive impact: for the

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#### ORIGINAL RESEARCH

## Signa Vitae

## Polydipsia-polyuria syndrome associated with traumatic spinal cord injury

Cristina Daia<sup>1,2</sup>, Constantin Munteanu<sup>3,4,5,\*</sup>, Ioana Andone<sup>1,2</sup>, Aura Spinu<sup>1,2</sup>, Cristina Popescu<sup>1,2</sup>, Corneliu Toader<sup>6,7</sup>, Gelu Onose<sup>1,2,4</sup>

<sup>1</sup>Department of Medical Rehabilitation. University of Medicine and Pharmacy "Carol Davila", 4192910 Bucharest,

<sup>2</sup>Neuromuscular Department, Clinical Emergency Hospital "Bagdasar-Arseni", 041914 Bucharest, Romania Department of Research, Romanian Association of Balneology, 022252

Rucharest Romania Physical and Rehabilitation Medicine & Balneology Research Nucleus, Clinical Emergency Hospital "Bagdasar-Arseni", 041914 Bucharest, Romania

Faculty of Medical Bioengineering. University of Medicine and Pharmacy "Grigore T. Popa", 700454 Iasi, Romania <sup>6</sup>Department of Neurosurgery, \*Carol Davila", University of Medicine and Pharmacy, 041914 Bucharest, Romania <sup>7</sup>Neurosurgery Department, National Institute of Cerebro-Vascular Diseases, 041914 Bucharest, Romania

\*Correspondence constantin2378@vahoo.com (Constantin Munteanu)

Introduction: Polydipsia and polyuria associated with traumatic spinal cord injury (SCI) are rare consequences. The hypothetical pathophysiological mechanisms involve mild traumatic brain injury (TBI) and/ or vagus dysfunction associated with spinal cord injury. Methods: In a retrospective study of 11 patients, we investigated associations between polydipsia-polyuria syndrome and various clinical and therapeutic factors: medullary section syndrome, neurological level, medication, neurosurgical intervention, kinesitherapy program, associated comorbidities, functional level at discharge and patient quality of life (OoL).

Results: The beginning of the kinetic program (Spearman correlation coefficient = 0.631) and desmopressin treatment (Spearman correlation coefficient =0.708) had statistically significant effects on resolution of polydipsia-polyuria syndrome (PPS). Patient QoL was statistically significant improved after resolution of PPS (t-test, p = 0.001).

Conclusions: Mobilization programs appear to promote resolution of PPS. Desmopressin treatment is beneficial and together medication and kinesitherapy elevate patients' QoL. The association between SCI and transient PPS requires additional investigation in additional patients.

#### Keywords

Polyuria; Polydipsia; Spinal cord injury

#### 1. Introduction

Polydipsia-polyuria syndrome (PPS) associated with traumatic spinal cord injury (SCI) is rare. This syndrome occurs in patients with high neurological levels of SCI, injuries to the cervical or upper thoracic levels, with complete or incomplete medullary syndromes. Reported cases of PPS in SCI patients were diagnosed as full or partial central Diabetes Insipidus (DI) with or without neurosurgical intervention [1-3]. For example, Farel diagnosed a single male case of tetraplegia after SCI associated with partial DI [1]. Prasad described transient DI in three male SCI cases, two with injury at the cervical neurological level and one at the thoracic level [2]. Kusely presented a female case with paraplegia after SCI and central DI [3]. As we described above, the occurrence of DI associated with SCI is cited in just a few cases, but this challenging combination worsens patient quality of life (OoL) [4]. requiring considerable physical, social, environmental, and psychological intervention to stabilize the patient and increase function [5]. However, the recognition, understanding, and proper management of this complex syndrome leads to prompt and appropriate neurorehabilitation [6].

The magnocellular nuclei of the hypothalamus is responsible

for antidiuretic hormone (ADH) synthesis [7], which can be affected in several conditions, such as: hypophysis tumors (adenoma, pinealoma, craniopharyngioma), meningoencephalitis, stroke, aneurysms, autoimmune diseases, metastasis (breast or bronchi) [8, 9], nephrogenic pathologies, and, last but not least, traumatic brain injury (TBI), which is one of the main causes of central DI [10, 11].

Recognition of multiple causes of altered ADH secretion like Salt-wasting syndrome (SWS), syndrome of inappropriate antidiuretic hormone (SIADH), and DI is important when evaluating a patient who has suffered a complex polytrauma such as SCI asociating polyuria and polydipsia.

In the present study of SCI patients, we aimed to investigate associations between PPS and various factors: neurological (medullary section syndrome, neurological level) therapeutical (medication, neurosurgical intervention, kinesitherapy program), clinical (comorbid pathologies) and functional outcomes.

#### 2. Method

Of the 4570 patients diagnosed with traumatic SCI and admitted between 2005-2020 in the Neuro-Muscular Rehabilitation

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## Lithium Biological Action Mechanisms after Ischemic Stroke

Constantin Munteanu 1,2,4 10, Mariana Rotariu 1, Marius Turnea 1, Ligia Gabriela Tátaranu 3, Gabriela Dogaru 4,5, Cristina Popescu<sup>2</sup>, Aura Spînu<sup>2,3</sup>, Ioana Andone<sup>2,3</sup>, Elena Valentina Ionescu<sup>6,7</sup>, Roxana Elena Tucmeanu<sup>6,7</sup>, Carmen Oprea 6,7, Alin Tucmeanu 6, Carmen Nistor Cseppento 8,50, Sînziana Calina Silisteanu 5 and Gelu Onose 2,30

- 1 Faculty of Medical Bioengineering, University of Medicine and Pharmacy "Grigore T. Popa" Iasi, 700454 Iasi, Romania
- Teaching Emergency Hospital "Bagdasar-Arseni", 041915 Bucharest, Romania
- Faculty of Medicine, University of Medicine and Pharmacy "Carol Davila", 020022 Bucharest, Romania
- Faculty of Medicine, "Iuliu Hatieganu" University of Medicine and Pharmacy, 400012 Clui-Napoca, Romania Clinical Rehabilitation Hospital, 400437 Clui-Napoca, Romania
- Faculty of Medicine, Ovidius University of Constanta, 900470 Constanta, Romania
- Balneal and Rehabilitation Sanatorium of Techinghiol, 906100 Techinghiol, Romania
- Faculty of Medicine, University of Oradea, 410073 Oradea, Romania
- Faculty of Medicine and Biological Sciences, "Stefan cel Mare" University of Suceava,
- 720229 Suceava, Romania Correspondence: constantin.munteanu.biolog@umfiasi.ro (C.M.); delia\_cseppento@yahoo.com (C.N.C.)



Citation: Munk-anu, C.: Rotariu, M.: Turnea, M.; Tataranu, L.G.; Dogaru, G.; Popescu, C.; Spinu, A.; Andone, L; Ionescu, E.V.; Tucmeanu, R.E.; et al. Lithium Biological Action Mechanisms after Ischemic Stroke. Life 2022.12.1680. https://

doi.org/10.3390/life12111680 A cademic Editors: Jessica Barlinn and Milan R. Vosko

Received: 2 October 2022 Accepted: 19 October 2022 Published: 22 October 2022

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Abstract: Lithium is a source of great scientific interest because although it has such a simple structure, relatively easy-to-analyze chemistry, and well-established physical properties, the plethora of effects on biological systems-which influence numerous cellular and molecular processes through not entirely explained mechanisms of action-generate a mystery that modern science is still trying to decipher. Lithium has multiple effects on neurotransmitter-mediated receptor signaling, ion transport, signaling cascades, hormonal regulation, circadian rhythm, and gene expression. The biochemical mechanisms of lithium action appear to be multifactorial and interrelated with the functioning of several enzymes, hormones, vitamins, and growth and transformation factors. The widespread and chaotic marketing of lithium salts in potions and mineral waters, always at inadequate concentrations for various diseases, has contributed to the general disillusionment with empirical medical hypotheses about the therapeutic role of lithium. Lithium salts were first used therapeutically in 1850 to relieve the symptoms of gout, rheumatism, and kidney stones. In 1949, Cade was credited with discovering the sedative effect of lithium salts in the state of manic agitation, but frequent cases of intoxication accompanied the therapy. In the 1960s, lithium was shown to prevent manic and also depressive recurrences. This prophylactic effect was first demonstrated in an open-label study using the "mirror" method and was later (after 1970) confirmed by several placebo-controlled double-blind studies Lithium prophylaxis was similarly effective in bipolar and also unipolar patients. In 1967, the therapeutic value of lithemia was determined, included in the range of 0.5-1.5 mEq/L. Recently, new therapeutic perspectives on lithium are connected with improved neurological outcomes after ischemic stroke. The effects of lithium on the development and maintenance of neuroprotection can be divided into two categories: short-term effects and long-term effects. Unfortunately, the existing studies do not fully explain the lithium biological action mechanisms after ischemic stroke.

Keywords: review; lithium; ischemic stroke

#### 1. Introduction

Stroke is confirmed as the second leading cause of death [1] and the third leading cause of disability [2] worldwide, involving motor, sensory, perceptual, and cognitive dysfunctions [3]. Of the main two types of stroke: hemorrhagic and ischemic, the second is the most frequent type of stroke and accounts for over 80% of all cases [4]. It is characterized







### Topical Reappraisal of Molecular Pharmacological Approaches to Endothelial Dysfunction in Diabetes Mellitus Angiopathy

Constantin Munteanu 1,2,5 . Mariana Rotariu 1, Marius-Alexandru Turnea 1, Aurelian Anghelescu 2,3 . Irina Albadi 4,5, Gabriela Dogaru 6,7, Sînziana Calina Silişteanu 8, Elena Valentina Ionescu 4,9, Florentina Carmen Firan 10, Anca Mirela Ionescu 110, Carmen Oprea 4,9 and Gelu Onose 2,11, 10

- Faculty of Medical Bioengineering, University of Medicine and Pharmacy "Grigore T. Popa" Iasi,
- 700454 lasi, Romania; mariana.rotariu@umfiasi.ro (M.R.); marius.turnea@umfiasi.ro (M.A.T.)
- Neuromuscular Rehabilitation Division, Teaching Emergency Hospital "Bagdasar-Arseni", 041915 Bucharest, Romania; aurelian.anghelescu@umfcd.ro
- Faculty of Midwives and Nursing, University of Medicine and Pharmacy "Carol Davila", 020022 Bucharest, Romania
- Faculty of Medicine, Ovidius University of Constanta, 900470 Constanta, Romania; irina.albadi@yahoo.com (I.A.); elena.ionescu@365.univ-ovidius.ro (E.V.I.); carmen.oprea@365.univ-ovidius.ro (C.O.)
- Teaching Emergency County Hospital "Sf. Apostol Andrei", 900591 Constanta, Romania
- Faculty of Medicine, "Iuliu Hatieganu" University of Medicine and Pharmacy, 400012 Cluj-Napoca, Romania; gabriela.dogaru@umfclui.ro
- Clinical Rehabilitation Hospital, 400437 Clui-Napoca, Romania
- Faculty of Medicine and Biological Sciences, "Stefan cel Mare" University of Suceava,
- 720229 Suceava, Romania; sinziana.silisteanu@usm.ro

anca.ionescu@umfcd.ro

- Balneal and Rehabilitation Sanatorium of Techinghiol, 906100 Techinghiol, Romania
- Teaching Emergency Hospital of the lifoy County, 022113 Bucharest, Romania: firancarmen@vahoo.com Faculty of Medicine, University of Medicine and Pharmacy "Carol Davila", 020022 Bucharest, Romania;
- Correspondence: constantin.munteanu.biolog@umfiasi.ro (C.M.); gelu.onose@umfcd.ro (G.O.)

Abstract: Diabetes mellitus (DM) is a frequent medical problem, affecting more than 4% of the population in most countries. In the context of diabetes, the vascular endothelium can play a crucial pathophysiological role. If a healthy endothelium-which is a dynamic endocrine organ with autocrine and paracrine activity-regulates vascular tone and permeability and assures a proper balance between coagulation and fibrinolysis, and vasodilation and vasoconstriction, then, in contrast, a dysfunctional endothelium has received increasing attention as a potential contributor to the pathogenesis of vascular disease in diabetes. Hyperglycemia is indicated to be the major causative factor in the development of endothelial dysfunction. Furthermore, many shreds of evidence suggest that the progression of insulin resistance in type 2 diabetes is parallel to the advancement of endothelial dysfunction in atherosclerosis. To present the state-of-the-art data regarding endothelial dysfunction in diabetic micro- and macroangiopathy, we constructed this literature review based on the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA). We interrogated five medical databases: Elsevier, PubMed, PMC, PEDro, and ISI Web of Science.

Keywords: diabetes mellitus; endothelial dysfunction; microangiopathy; macroangiopathy

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Citation: Munkeanu, C.; Rotariu, M.;

Albadi, I; Dogaru, G.; Silisteanu, S.C.;

Turnea, M.-A.; Anghelescu, A.;

Ionescu, E.V.; Firan, F.C.; Ionescu,

A.M.; et al. Topical Reappraisal of

Dysfunction in Diabetes Mellitus

Angiopathy. Curr. Issues Md. Biol.

2022, 44, 3378-3397. https://doi.org/

Academic Editor: Hidayat Hussain

Publisher's Note: MDPI stays neutral

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published maps and institutional affil-

Molecular Pharmacological

Approaches to Endothelial

10.3390/cimb44080233

Received: 16 June 2022

Accepted: 11 July 2022

Published: 28 July 2022

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#### 1. Introduction

Diabetes mellitus (DM) is a metabolic disorder of multiple etiology characterized by chronic hyperglycemia [1]. Micro- and macrovascular complications that develop in DM patients are a consequence of numerous factors, including, most importantly, endothelial dysfunction [2]. In normal physiological status, there is a suitable equilibrium of relaxing and contractile elements released from the endothelium. However, this delicate state is





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Systematic Review

## Main Cations and Cellular Biology of Traumatic Spinal Cord Injury

Constantin Munteanu 1,2,4 D. Mariana Rotariu 1,4 Marius Turnea 1, Anca Mirela Ionescu 3, Cristina Popescu 2, Aura Spinu <sup>2,3</sup>, Elena Valentina Ionescu <sup>4,5</sup>, Carmen Oprea <sup>4,5</sup>, Roxana Elena Tucmeanu <sup>4,5</sup>, Ligia Gabriela Tătăranu<sup>2</sup>, Sînziana Calina Silișteanu<sup>6</sup> and Gelu Onose<sup>2,3</sup>

- Faculty of Medical Bioengineering, University of Medicine and Pharmacy "Grigore T. Popa" Iași,
- Neuromuscular Rehabilitation Division, Teaching Emergency Hospital "Bagdasar-Arseni", 041915 Bucharest, Romania
- Faculty of Medicine, University of Medicine and Pharmacy "Carol Davila", 020022 Bucharest, Romania
- Faculty of Medicine, Ovidius University of Constanta, 900470 Constanta, Romania
- Balneal and Rehabilitation Sanatorium of Techinghiol, 906100 Techinghiol, Romania
- Faculty of Medicine and Biological Sciences, "Stefan cel Mare" University of Suceava, 720229 Suceava, Romania
- Correspondence: constantin munteanu.biolog@umfiasi.ro (C.M.); mariana rotariu@umfiasi.ro (M.R.)



Keywords systematic review; cations; sodium; potassium; lithium; calcium; magnesium; iron; traumatic spinal cord injury



#### check for updates

Citation: Munteanu, C.; Rotariu, M.; Turnea, M.; Ionescu, A.M.; Popescu, C.; Spinu, A.; Ionescu, E.V.; Opera, C.; Tucmeanu, R.E.; Tătăranu, L.G.; et al. Main Cations and Cellular Biology of Traumatic Spinal Cord Injury. Cells 2022, 11, 2503. https://doi.org/ 10.3390/cells11162503

Academic Editors: Junfang Wu. Shucin Li, George Smith and Juan Pablo de Rivero Vaccari

Received: 2 June 2022 Accepted: 9 August 2022 Published: 11 August 2022

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Systematic Review

## Parkinson's Disease and SARS-CoV-2 Infection: Particularities of Molecular and Cellular Mechanisms Regarding Pathogenesis and Treatment

Aurelian Anghelescu 1,20, Gelu Onose 2,3,50, Cristina Popescu 2, Mihai Băilă 2,3, Simona Isabelle Stoica 1,2, Ruxandra Postoiu 2, Elena Brumă 2, Irina Raluca Petcu 4, Vlad Ciobanu 5 and Constantin Munteanu 3,6,50

- 1 Faculty of Midwives and Nursing, University of Medicine and Pharmacy "Carol Davila", 020022 Bucharest, Romania; aurelian anghelescu@umfcd.ro (A.A.); stoica.simona@umfcd.ro (S.I.S.)
- Neuromuscular Rehabilitation Clinic Division, Teaching Emergency Hospital "Bagdasar-Arseni", 041915 Bucharest, Romania; cristina\_popescu\_recuperare@yahoo.com (C.P.); baila\_mihai@yahoo.com (M.B.); postoju ruxandra@yahoo.ro (R.P.); brumaelena@ymail.com (E.B.)
- Faculty of Medicine, University of Medicine and Pharmacy "Carol Davila", 020022 Bucharest, Romania
- Physical Medicine and Rehabilitation Laboratory (Treatment Base), Turnu Magurele Municipal Hospital, 145200 Turnu Magurele, Romania; varsa\_raluca@yahoo.com
- Computer Science Department, Politehnica University of Bucharest, 060042 Bucharest, Romania; vladute83@gmail.com
- Department of Biomedical Sciences, Faculty of Medical Bioengineering, University of Medicine and Pharmacy "Grigore T. Popa" Iași, 700454 Iași, Romania
- Correspondence: gelu.onose@umfcd.ro (G.O.); constantin.munteanu.biolog@umfiasi.ro (C.M.)

Abstract: Accumulating data suggest that chronic neuroinflammation-mediated neurodegeneration is a significant contributing factor for progressive neuronal and glial cell death in age-related neurodegenerative pathology. Furthermore, it could be encountered as long-term consequences in some viral infections, including post-COVID-19 Parkinsonism-related chronic sequelae. The current systematic review is focused on a recent question aroused during the pandemic's successive waves; are there post-SARS-CoV-2 immune-mediated reactions responsible for promoting neurodegeneration? Does the host's dysregulated immune counter-offensive contribute to the pathogenesis of neurodegenerative diseases, emerging as Parkinson's disease, in a complex interrelation between genetic and epigenetic risk factors? A synthetic and systematic literature review was accomplished based on the "Preferred Reporting Items for Systematic Principles Reviews and Meta-Analyses" (PRISMA) methodology, including registration on the specific online platform: International prospective register of systematic reviews-PROSPERO, no. 312183. Initially, 1894 articles were detected. After fulfilling the five steps of the selection methodology, 104 papers were selected for this synthetic review. Documentation was enhanced with a supplementary 47 bibliographic resources identified in the literature within a non-standardized search connected to the subject. As a final step of the PRISMA method, we have fulfilled a Population-Intervention-Comparison-Outcome-Time (PICOT)/Population-Intervention-Comparison-Outcome-Study type (PICOS)—based metanalysis of clinical trials identified as connected to our search, targeting the outcomes of rehabilitative kinesitherapeutic interventions compared to clinical approaches lacking such kind of treatment. Accordingly, we identified 10 clinical trials related to our article. The multi/interdisciplinary conventional therapy of Parkinson's disease and non-conventional multitarget approach to an integrative treatment was briefly analyzed. This article synthesizes the current findings on the pathogenic interference between the dysregulated complex mechanisms involved in aging, neuroinflammation, and neurodegeneration, focusing on Parkinson's disease and the acute and chronic repercussions of COVID-19. Time will tell whether COVID-19 neuroinflammatory events could trigger long-term neurodegenerative effects and contribute to the worsening and/or explosion of new cases of PD. The extent of the interrelated neuropathogenic phenomenon remains obscure, so further clinical observations and prospective



Citation: Anghelescu, A.; Onose, G.; Popescu, C.; Băilă, M.; Stoica, S.I.; Postoju, R.; Brumă, E.; Petcu, LR.; Ciobansa, V.; Munteansa, C. Parkinson's Disease and SARS-CoV-2 Infection: Particularities of Molecular and Gellular Mechanisms Regarding Pathogenesis and Treatment. Biomedicines 2022, 10, 1000. https://doi.org/10.3390/ biomedicines10051000

Academic Editor: Kuen-Jer Tsai

Received: 15 March 2022 Accepted: 22 April 2022 Published: 26 April 2022

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#### PROSPECTIVE / EXPERIMENTAL EXOGENOUS HYDROGEN SULFIDE BASED THERAPIES AS – INCLUDING PHYSIATRIC-REHABILITATION – INTERVENTIONS IN STROKE



#### Constantin Munteanu<sup>1,3,4,5,7</sup>, Gelu Onose<sup>2,3,5,6,7</sup>

- 1. Faculty of Medical Bioengineering, University of Medicine and Pharmacy "Grigore T. Popa", Iași, Romania
- 2. Physical and Rehabilitation Medicine Department, Faculty of Medicine, University of Medicine and Pharmacy "Carol Davila" in Bucharest, Romania
  - 3. Neuromuscular Rehabilitation Clinic Division, Teaching Emergency Hospital "Bagdasar-Arseni", 041915 Bucharest, Romania
  - 4. Romanian Association of Balneology (ARB), Bucharest, Romania 5. Romanian Spinal Cord Society (RoSCoS), Bucharest, Romania
  - 6. Romanian Society of Neuro-Rehabilitation (RoSNeRa), Bucharest, Romania

7. Romanian Society of Physical and Rehabilitation Medicine & Balneoclimatology (RSPRMB), Bucharest, Romania

A stroke or cerebral vascular attack occurs when blood flow to the brain stops/is interrupted or severely reduced. As a result, neurons are deprived of oxygen and nutrients and, consequently, enter into pathophysiological cascades, possibly culminating in necrosis or apoptosis. Hydrogen sulfide (H2S) serves as a gasotransmitter in regulating organ development and maintaining tissue homeostasis. Therefore, its abnormal levels are associated with multiple human diseases, such as neurodegenerative disease, myocardial injury, diabetes, and many other diseases. On a different view, excessive exposure to H2S could lead to cellular toxicity, orchestrate pathological processes, and increase the risk of various diseases, H2S plays a critical role in maintaining cellular physiology and limiting damage to tissues under physiological status. The generation of H2S is catalyzed by cystathionine beta-synthase (CBS). cystathionine gamma-lyase (CSE), 3-mercaptomethylthio pyruvate aminotransferase (3MST) and cysteine aminotransferase (CAT). Accumulating shreds of evidence indicate that H2S plays an important role in stroke. H2S neuroprotective effect is dosedependent.

Only when its concentration is relatively low H2S can it yield neuroprotection, while a high dose may lead to neurotoxicity. H2S is also an essential biochemical component within the mud, and sulfurous waters, used in balneotherapy - induces a wide range of physiological responses such as blood pressure modulation, neuromodulator in the brain and within the vasculature protective against ischemic reperfusion injury, and anti-inflammatory reactions. H2S can penetrate the skin and mucosae and act at the cell level in the skin and internal organs. Organic components of muds were demonstrated to have biological effects contributing to the healing mechanisms.

Methods. This work is documented using Preferred Reporting Instruments for Systematic reviews and Meta-Analyses (PRISMA) statement. Accordingly, we searched for open access articles, published in English, during the last five years, in the following databases: Cochrane, Elsevier, NCBI / PubMed, NCBI / PMC, PEDro, and ISI Web of Knowledge / Science (the latter was also used to identify articles published in ISI indexed journals as only such ones have been considered eligible ). The contextually searched syntaxes used in the title and abstract of the papers were "Stroke AND Hydrogen sulfide". The selected articles were analyzed in detail regarding the relevance of these potentially therapeutic methods.

Results. Our search first identified 22 articles. Then, nine full-text articles remained after fulfilling the selection/filtering PRISMAinspired methodology, including a PEDro inspiring classifying for admittance scoring. Additionally, we have also used some freeidentified related papers in the literature to strengthen our documentation base.

Conclusions, Although H2S is a toxic substance, increasing evidence has indicated that H2S plays an essential role in neuroprotection in stroke, while its neurotoxicity cannot be neglected. Therefore, future research directions mainly include experiments using such kind interventions on different animal models of ischemic stroke, CVA "cocktail treatments, well-designed clinical trials, and studies on intimate biological and pathophysiological mechanisms. H2S may offer a new promising application for the therapy of stroke.

Keywords: Stroke, Hydrogen sulfide, neuroprotection, autophagy, mitochondrial energetics.







H<sub>2</sub>S is a key activator of multiple physiological processes. H<sub>2</sub>S-mediated signaling rang from protein modification by persulfidation to affecting a broad range of physiological processes including regulation of oxidative stress, postharvest protection, disease resistance, autophagy signaling ergy metabolism regulation and crosstalk with other signaling molecules



Onose, G.; Anghelescu, A.; Blendea, D.; Ciobanu, V.; Daia, C.; Firan, F.C.; Oprea, M.; Spinu, A.; Popescu, C.; Ionescu, A.; Busnatu, Ş.; Munteanu, C. Cellular and Molecular Targets for Non-Invasive, Non-Pharmacological Therapeutic/Rehabilitative Interventions in Acute Ischemic Stroke. Int. J. Mol. Sci. 2022, 23, 907. https://doi.org/10.3390/ijms23020907

longitudinal cohort studies are needed.

#### PROSPECTIVE / EXPERIMENTAL EXOGENOUS HYDROGEN SULFIDE BASED THERAPIES IN SPINAL CORD INJURY



#### Gelu Onose<sup>1,2,5,6,7</sup>, Constantin Munteanu<sup>2,3,4,5,7</sup>

- 1. Physical and Rehabilitation Medicine Department, Faculty of Medicine, the University of Medicine and Pharmacy "Carol Davila" in Bucharest, Romania
- 2. Neuromuscular Rehabilitation Clinic Division, the Teaching Emergency Hospital Bagdasar-Arseni Bucharest, Romania
- 3. Faculty of Medical Bioengineering, the University of Medicine and Pharmacy "Grigore T. Popa", in Iasi, Romania
- 4. Romanian Association of Balneology (ARB), Bucharest, Romania 5. Romanian Spinal Cord Society (RoSCoS), Bucharest, Romania
- 6. Romanian Society for NeuroRehabilitation (RoSNeRa), Bucharest, Romania
- 7. Romanian Society of Physical and Rehabilitation Medicine & Balneoclimatology (RSPRMB), Bucharest, Romania

Spinal cord injury usually causes severe and often permanent impairment or even loss of essential functions, such as voluntary/ active motility, sensitivity, urinary and/ or defecation control, erection/ ejaculation/ lubrication/ fertility. These are, in most cases, devastating, severe and frequently irreversible, without vet, an effective cure, Prospective /experimental interventions were proposed using exogenous hydrogen sulfide (H2S), an essential gaseous messenger with neuroprotective effects in many neurological disorders, including at the intimate geno-molecular level. H2S plays an essential role in combating oxidative stress, inflammation, neuropathic pain, and apoptosis, and respectively influences autophagy, angiogenesis, and cardiovascular protection. Moreover, H2S has a neuroprotective effect against oxygen-glucose deprivationinduced neuron injury. The protective effects of inhaled hydrogen sulfide were associated with inhibition of glial activation and upregulation of antioxidant and detoxification proteins, preventing the systemic inflammation induced by lipopolysaccharide.

Methods. This paper relies, as documentation, on a PRISMA approach.

Results. We have found initially 13 articles. After fulfilling the steps of the PRISMA, remained seven papers. We have also used some free identified related works to strengthen our documentation base.

Conclusions. H2S has been shown in experimental studies on animal models to exert neuroprotective actions in SCI by mainly: improving spinal cord oxygen tension, decreasing apoptosis, reducing inflammation, attenuating oxidative stress and promoting angiogenesis and autophagy. Anyway. H2S medical significance, although it is included in actual therapeutic mud or balneary used sulfurous waters, is not still fully understood.



Riof Phone Bull 44 1093-1109 (2021) Regular Article

Hydrogen Sulfide Improves Functional Recovery in Rat Traumatic Spinal Cord Injury Model by Inducing Nuclear Translocation of NF-E2-Related Factor 2

Chang Xu, as Man Zhang, bs Guangping Zhang, Sheng Yan, and Weiqi Yan, and Weiqi Yan,

Research Article

\* frontiers

Hydrogen Sulfide Inhibits Autophagic Neuronal Cell Death by Reducing Oxidative Stress in Spinal Cord Ischemia Reperfusion Injury

Lei Xie, 1,2 Sifei Yu, 1,2 Kai Yang, 1,2 Changwei Li, 1,2 and Yu Liang 1,3

The FASEB Journal . Research Communication

A hydrogen sulfide-releasing cyclooxygenase inhibitor markedly accelerates recovery from experimental spinal cord injury

Michela Campolo,\* Emanuela Esposito,\* Akbar Ahmad,\* Rosanna Di Paola,\* John L. Wallace,\*.¹ and Salvatore Cuzzocrea\*.²

Hydrogen Sulfide Ameliorates Blood-Spinal Cord Barrier Disruption and Improves Functional Recovery by Inhibiting Endoplasmic Reticulum Stress-Dependent Autophagy

Haoli Wang<sup>\*,\*\*</sup>, Yanging Wu<sup>\*\*</sup>, Wen Han<sup>\*</sup>, Jiawel Li<sup>\*,\*</sup>, Kebin Xu\*, Zhengmao LP., Gingqing Wang<sup>\*,\*</sup>, Ke Xu\*, Yanlong Llu\*, Ling Xie\*, Jiang Wu\*, Huecheng He\*, Huszi Xu\* and Jahn Xiso.\*\*



Inhaled hydrogen sulfide prevents neuropathic pain after peripheral nerve injury in mice

Kotaro Kida<sup>a</sup>, Eizo Marutani<sup>a</sup>, Rebecca K. Nguyen<sup>a</sup>, and Fumito Ichinose<sup>a</sup>.

i et al. Journal of Biomedical Science (2015) 22:50 301 10:1186/s12929-015-0135-1 JOURNAL OF BIOMEDICAL SCIENCE 解 典 既 Ministry of Science and Technology

Hydrogen sulfide protects spinal cord and induces autophagy via miR-30c in a rat model of spinal cord ischemia-reperfusion injury

Lei Li<sup>1\*</sup>, Hong-kun Jiang<sup>2</sup>, Yun-peng Li<sup>1</sup> and Yan-ping Guo

Intravenous hydrogen sulfide does not induce neuroprotection after aortic balloon

Intensive Care Medicine

occlusion-induced spinal cord ischemia/ reperfusion injury in a human-like porcine model of ubiquitous arteriosclerosis

Andre Bredthauer<sup>1,2\*</sup> Karla Lehle<sup>3</sup>, Angelika Scheuerle<sup>4</sup>, Hubert Schelzig<sup>3</sup>, Oscar McCook<sup>3</sup>, Peter Radermacher<sup>3</sup>

#### IN VITRO EXPERIMENTAL DATA REGARDING HEALTH EFFECTS OF TECHIRGHIOL MUD EXTRACTS ON FIBROBLAST CELL CULTURES

Gelu Onose<sup>1,2,3,4,5</sup>, Simona Isabelle Stoica<sup>1,2</sup>, Cristina Popescu<sup>1,2</sup>, Mihail Hoteteu<sup>5,6,7</sup>, Constantin Munteanu<sup>2,3,4,5,6,7</sup>

1Physical and Rehabilitation Medicine Department, Faculty of Medicine, University of Medicine and Pharmacy "Carol Davila" in Bucharest, Romania 2 Neuromuscular Rehabilitation Clinic Division, Teaching Emergency Hospital "Bagdasar- Arseni", Bucharest, Romania

3 Romanian Society of Physical and Rehabilitation Medicine & Balneoclimatology (RSPRMB), Bucharest, Romania

4 Romanian Spinal Cord Society (RoSCoS), Bucharest, Romania

5 Romanian Society of Neuro-Rehabilitation (RoSNeRa), Bucharest, Romania

6 Romanian Association of Balneology (ARB), Bucharest, Romania

7 Biosafety LTD Bucharest, Romania

8 Faculty of Medical Bioengineering, University of Medicine and Pharmacy "Grigore T. Popa", Iași, Romania

Background and aims. Pelotherapy or mud therapy is a balneological method that triggers local tissue and general functional reactions, inhibiting or activating some intermediate enzymes and metabolite systems, but its mechanisms of action 2 on certain pathologies are still not completely understood. Natural therapeutic factors such as mud and sulfurous mineral therapeutic waters are used in sanatoriums and rehabilitation clinics as baths or topical applications on the body for many affections in the Neuro-Myo-Arthro-Kinetic (NMAK) pathology.

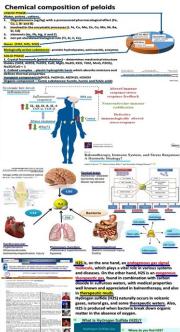
1. Crystal framework (peloid skeleton) -- determines mechanical struct
Oxides (\$102, Al203), Fe203, CaO, MgO, Na20, KaO, 1102, MnO, 1203) Cellular and molecular biological investigations performed by electrophoresis, ELISA, and Western blotting on primary fibroblasts cultures obtained from Wistar rats in our work target two main physiological mechanisms, respectively the Systemic low-level inflammatory processes and the oxidative stress balance, presumptive influenced by mud extracts. Previous scientific data say that, during the inflammatory process, different cell types are recruited, including fibroblasts, which respond to various intercellular and microenvironment signals. This leads to the regulated production of different pro- and anti-inflammatory mediators including cytokines, such as tumor necrosis factor (TNF)-α and interleukins (IL)-1β and IL-6, chemokines, and enzymes such as cyclooxygenase (COX)-2, all of which play critical roles in controlling the inflammatory process. The concept of oxidative stress caused by free radicals represents arguments of taking into account biomarkers of oxidative stress. The oxidative and reductive activity of enzymes that act on glutathione, thioredoxin, and other substrates of interest in the oxidation-reduction process reflects not only the level of antioxidative protection but are also relevant biomarkers for rheumatic degenerative diseases. In previous studies on therapeutic mud, it was presented the fractionation of humic substances using the pH and solvent polarity variation and was spectrophotometrically characterized based on absorption in the wavelength range 340-700 nm humic acids and fulvic acids differentiated based on solubility and molecular mass.

Methods. To obtain the primary culture of glial cells. Wistar rat pups were used, aged 1-4 days, taken from the Biobase of the National Institute for Research and Development in the Field of Pathology and Biomedical Sciences "Victor Babeş". Tissue explants is placed in DMEM medium on Petri dishes. Cells were grown in DMEM medium with 4500mg / I glucose, 25 mM HEPES, 100 U /ml penicillin, 50 µg / ml neomycin, and 100 µg / ml streptomycin. The medium was supplemented with 15% fetal calf serum. The cell culture dishes were incubated at 37°C, 5% CO2, and 90% humidity. After 24 hours, the culture medium was changed to remove dead cells and cell debris. After the first medium change, the medium was replaced with an equal volume of fresh, pre-warmed DMEM medium every 3 days. Phase contrast microscopy allows the study of living, unfixed and uncolored cells.

Results. Phase microscopy was used to observe the morphology of isolated fibroblast cell cultures. These observations allowed the interpretation of morphological development as a consequence of time in culture. After 7 days in culture, the medium used was supplemented with mud extract. The morphology of control cell cultures versus those treated with mud extract will be presented. IL6 and TNFa ELISA tests will be performed for cell lysates and respectively prelevated cultures

Conclusions. Obtained new data on the important molecular markers for inflammatory processes and oxidative stress balance will constitute a new research strategy applied for old natural remedies, bringing together mud therapy and cell cultures

Keywords: Fibroblasts cell cultures, mud extract, IL6, TNFα.



How does H2S affect individuals



Systematic Review

## Considerations about Hypoxic Changes in Neuraxis Tissue Injuries and Recovery

Simona Isabelle Stoica 1,2, Coralia Bleotu 30, Vlad Ciobanu 4, Anca Mirela Ionescu 1, Irina Albadi 5,6, Gelu Onose 1,2,\* and Constantin Munteanu 2,7,8,\*()

- Faculty of Medicine, University of Medicine and Pharmacy "Carol Davila" (UMPCD), 020022 Bucharest, Romania; stoica.simona@umfcd.ro (S.LS.); anca.ione.scu@umfcd.ro (A.M.L)
- Teaching Emergency Hospital "Bagdasar-Arseni" (TEHBA), 041915 Bucharest, Romania Stefan S. Nicolau Institute of Virology, 030304 Bucharest, Romania; cbleotu@yahoo.com
- Computer Science Department, Politehnica University of Bucharest (PUB), 060042 Bucharest, Romania;
- Teaching Emergency County Hospital "Sf. Apostol Andrei", 900591 Constanta, Romania; irina.albadi@yahoo.com
- Faculty of Medicine, "Ovidius" University of Constanta, 900470 Constanta, Romania
- Department of Research, Romanian Association of Balneology, 022251 Bucharest, Romania
- Faculty of Medical Bioengineering, University of Medicine and Pharmacy "Grigore T. Popa", 700115 Iasi, Romania
- Correspondence: gelu.onose@umfod.ro (G.O.); constantin.munteanu.biolog@umfiasi.ro (C.M.)

Abstract: Hypoxia represents the temporary or longer-term decrease or deprivation of oxygen in organs, tissues, and cells after oxygen supply drops or its excessive consumption. Hypoxia can be (para)-physiological-adaptive-or pathological. Thereby, the mechanisms of hypoxia have many implications, such as in adaptive processes of normal cells, but to the survival of neoplastic ones, too. Ischemia differs from hypoxia as it means a transient or permanent interruption or reduction of the blood supply in a given region or tissue and consequently a poor provision with oxygen and energetic substratum-inflammation and oxidative stress damages generating factors. Considering the implications of hypoxia on nerve tissue cells that go through different ischemic processes, in this paper, we will detail the molecular mechanisms by which such structures feel and adapt to hypoxia. We will present the hypoxic mechanisms and changes in the CNS. Also, we aimed to evaluate acute, subacute, and chronic central nervous hypoxic-ischemic changes, hoping to understand better and systematize some neuro-muscular recovery methods necessary to regain individual independence. To establish the link between CNS hypoxia, ischemic-lesional mechanisms, and neuro-motor and related recovery, we performed a systematic literature review following the" Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA") filtering method by interrogating five international medical renown databases, using, contextually, specific keywords combinations/"syntaxes", with supplementation of the afferent documentation through an amount of freely discovered, also contributive, bibliographic resources. As a result, 45 papers were eligible according to the PRISMA-inspired selection approach, thus covering information on both: intimate/molecular path-physiological specific mechanisms and, respectively, consequent clinical conditions. Such a systematic process is meant to help us construct an article structure skeleton giving a primary objective input about the assembly of the literature background to be approached, summarised, and synthesized. The afferent contextual search (by keywords combination/syntaxes) we have fulfilled considerably reduced the number of obtained articles. We consider this systematic literature review is warranted as hypoxia's mechanisms have opened new perspectives for understanding ischemic changes in the CNS neuraxis tissue/cells, starting at the intraœllular level and continuing with experimental research to recover the consequent clinical-functional deficits better.

Keywords: hypoxia; ischemia; neuraxis; hypoxic-ischemic injuries; neural ischemia; neural tissue hypoxic injuries; neuro-recovery; neurorehabilitation



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Citation: Stoica, S.L.: Bleotu, C.: Ciobanu, V.; Ionescu, A.M.; Albadi, I.; Onose, G.; Munteanu, C. Considerations about Hypoxic Changes in Neuraxis Tissue Injuries and Recovery. Biomedicines 2022, 10. 481. https://doi.org/10.3390/ biomedicines10020481

Academic Editor: Kumar Vaibbay

Received: 29 November 2021 Accepted: 13 February 2022 Published: 18 February 2022

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\*CORRESPONDENCE Cristina Popescu cristina\_popescu\_recuperare@ yahoo.com Constantin Munteanu constantin.munteanu.biolog@ umfiasi.ro

<sup>†</sup>These authors have contributed equally to this work and share first authorship

SDECIALTY SECTION This article was submitted to Neurorehabilitation a section of the journal Frontiers in Neurology

RECEIVED 18 August 2022 ACCEPTED 07 November 2022 PUBLISHED 05 January 2023

Onose G, Anghelescu A, Ionescu A, Tataranu LG. Spinu A. Bumbea AM. Toader C. Tută S. Carare RO. Popescu C. Munteanu C. Daia C and Collaborative Working Group (2023) Translation of the Fugl-Meyer assessment into Romanian: Transcultural and semantic-linguistic adaptations and clinical validation. Front. Neurol. 13:1022546 doi: 10.3389/fneur.2022.1022546

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Frontiers in Neurology

## Translation of the Fugl-Meyer assessment into Romanian: Transcultural and semantic-linguistic adaptations and clinical validation

Gelu Onose<sup>1,2†</sup>, Aurelian Anghelescu<sup>1,2†</sup>, Anca Ionescu<sup>1†</sup>, Ligia Gabriela Tataranu<sup>1,2†</sup>, Aura Spînu<sup>1,2</sup>, Ana Maria Bumbea<sup>3</sup>, Corneliu Toader1, Sorin Tută1, Roxana O. Carare4, Cristina Popescu<sup>2\*</sup>, Constantin Munteanu<sup>2,5\*</sup>, Cristina Daia<sup>1,2</sup> and Collaborative Working Group

<sup>1</sup>Faculty of Medicine, "Carol Davila" University of Medicine and Pharmacy, Bucharest, Romania, <sup>2</sup>Teaching Emergency Hospital "Bagdasar-Arseni," Bucharest, Romania, <sup>3</sup>Faculty of Medicine, University of Medicine and Pharmacy, Craiova, Romania, <sup>4</sup>Faculty of Medicine, University of Southampton, Southampton, United Kingdom, Faculty of Medical Bioengineering, University of Medicine and Pharmacy "Grigore T. Popa" lasi, lasi, Romania

Purpose: The Fugl-Meyer Assessment (FMA) scale, which is widely used and highly recommended, is an appropriate tool for evaluating poststroke sensorimotor and other possible somatic deficits. It is also well-suited for capturing a dynamic rehabilitation process. The aim of this study was to first translate the entire sensorimotor FMA scale into Romanian using the transcultural and semantic-linquistic adaptations of its official afferent protocols and to then validate it using the preliminary clinical evaluation of inter- and intra-rater reliability and relevant concurrent validity.

Methods: Through three main steps, we completed a standardized procedure for translating FMA's official afferent evaluation protocols into Romanian and their transcultural and semantic-linguistic adaptation for both the upper and lower extremities. For relevant clinical validation, we evaluated 10 patients after a stroke two times: on days 1 and 2. All patients were evaluated simultaneously by two kinesi-physiotherapists (generically referred to as KFT1 and KFT2) over the course of 2 consecutive days, taking turns in the roles of an examiner and observer, and vice versa (inter-rater). Two scores were therefore obtained and compared for the same patient, i.e., being afferent to an inter-rater assay by comparing the assessment outcomes obtained by the two kinesi-physiotherapists, in between, and respectively, to the intra-rater assay: based on the evaluations of the same kinesi-physiotherapist, in two consecutive days, using a rank-based method (Svensson) for statistical analysis. We also compared our final Romanian version of FMA's official protocols for concurrent validity (Spearman's rank correlation statistical method) to both of the widely available assessment instruments: the Barthel Index (BI) and the modified Rankin scale (mRS).

## Societatea Română de Medicină Fizică, de Recuperare și Balneoclimatologie (SRMFRB)













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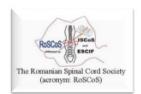




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